

Core Learning: Stage 3

Activity Guidance

Aim: To develop skills and ability to make healthy and safe choices

Learning Outcome: Increased skills to identify and manage risk; needed to make good choices to stay healthy and safe

Choices: What should I do? - Worksheet or IT display for group or individual work

- Provides common scenarios with a choice of outcomes
- Encourages safe choices to avoid risk and crime
- Introduces option of reporting concerns to an adult or police
- Encourages discussion for sharing views, values, beliefs and attitudes

Activity Options: 1 activity: work sheet or class task

- **Option 1:** Worksheet task - work sheet to be completed individually or in small groups
- **Option 2:** Class task – display the sheet on board/IT and discuss each scenario as a class

Planning: Plan the delivery according to the preferred option, taking into account age relevance, time, need and ability.

All tasks can be adapted for completion by individuals, groups or whole class

Resources needed

Teacher Reference Sheet - to help clarify correct answers, provide explanations and

advice. **Option 1: Task Sheet** Choices: What Should I Do?

- Print and provide each pupil/group with a task sheet
- Pupils to discuss each scenario with their peers to determine the choice they would make
- Encourage pupils to discuss the risks and laws with their peers as part of the activity
- Clarify correct answers, offer explanations and advice using the teacher reference sheet.
- Pupils to add together how many A's, B's or C's they have opted for and 'How Safe Are You' summaries to be read out.

Option 2: Class Task Choices: What Should I Do?

- Display the scenario choices task sheet on the board/IT for pupils to see; alternative option to read each one out to pupils
- Class to go through each scenario to discuss, share views and choices with their peers
- Each pupil to record their choice A, B or C before moving onto the next one
- Once complete, go through each one to clarify the correct answer
- Pupils to add together how many A's, B's or C's they have opted for and 'How Safe Are You' summaries to be read out.

Emphasise the key points listed in the teacher reference sheet; in particular to the dangers of involvement in any form of drug related activity. Downloadable handouts for this section can be found via the buttons below.

[Teacher Reference Sheet](#)

[Task Sheet](#)