



Night Club Scenario: Part 3 of 3 'Choices' Teacher Reference Sheet

Below are some examples of what different actions and choices Stu, Carrie and others could have made to avoid the outcome; these relate mostly to choices, affected by communication, consideration and understanding of each other's thoughts and feelings. Words of warning are also provided. Points listed in the table below are not exhaustive; pupils may mention others which are not listed.

Stu	<p>NOT DRINK EXCESSIVE ALCOHOL: Not only is it very dangerous to your health drink alcohol excessively, it is also dangerous to your wellbeing; it affects your ability to think straight, assess risky situations and make choices to keep your self safe. Dangers exist everywhere when you're not in control; even in an environment perceived as being safe such as in a public place with friends</p> <p>It is highly likely that the effects of alcohol have played a key part in the risky actions, decisions and choices which led to the outcome in this case</p> <p>! Thinking that drinking excessive amounts of alcohol is part of having a good night is risky: be responsible for your safety and that of others, know your limits and stay in control.</p>
	<p>NOT ASSUME CARRIE WANTS TO HAVE SEX: Just because Carrie was kissing Stu, being flirty and chose him over leaving with her friends, he should never assume this means she wants to have sex.</p> <p>It is likely that Stu's intake of alcohol has contributed to the way in which he is reading Carrie's behaviour, body language and choices.</p> <p>! Willingly participating in kissing and touching is NOT consent for sex; this is only given by asking the question and obtaining a clear YES from someone who has the capacity and freedom to do so.</p>
	<p>NOT GIVE CARRIE MORE ALCOHOL: Stu has supplied Carrie with more alcohol intentionally to affect her self control for the purpose of taking advantage of her; this is an act of exploitation which puts Carrie at risk of harm.</p> <p>! Giving a person alcohol intentionally to affect their ability to be in control, for the purpose of exploiting or putting them in danger, can amount to offences.</p>
	<p>REALISE THAT CARRIE CANNOT GIVE CONSENT: Carrie's inability to walk or stand is a clear indication that she has lost control of her ability to function which includes make decisions. Not resisting his advances to have sex does not mean she has given consent; in this case, even a yes can be argued as not consent as Carrie clearly doesn't have the capacity to consent or know/understand what she is consenting to</p> <p>Stu's alcohol intake may have affected his actions in this case</p> <p>! Anything less that a YES is a NO – If they say nothing, this is a NO. Capacity to give consent is affected by alcohol.</p>

POST16: Consent and Sexual Offences



Carrie

NOT DRINK EXCESSIVE ALCOHOL: Not only is it very dangerous to your health drink alcohol excessively, it is also dangerous to your wellbeing; it affects your ability to think straight and assess risky situations to keep you safe. Dangers exist everywhere when you are not in control; even in an environment perceived as being safe such as a public place with friends

It is highly likely that the effects of alcohol have played a key part in the risky actions, decisions and choices which led to the outcome in this case

! Thinking that drinking excessive amounts of alcohol is part of having a good night is risky: be responsible for your safety and that of others, know your limits and stay in control.

BE MINDFUL OF GIVING MIXED MESSAGES: Carrie must be mindful and accept a degree of responsibility for how her actions, behaviour, body language and choices may be read by others; especially when alcohol intake can distort this on both sides.

It is possible that Carrie's intake of alcohol contributed to her actions, behaviour and choices, as well as a lack of awareness of how others may read these when they too are under the influence of alcohol and or other substances.

! When under the influence of alcohol and not in control, you are less likely to act the way you would if you were sober; you must be mindful of this and how others may read it – stay within your limit to keep your self safe.

NOT ACCEPT DRINKS FROM A STRANGER: Carrie should not have accepted drinks from Stu given that she does not know him; he could have put anything in her drink, taking advantage of her not being in control to monitor or notice this risk.

! Accepting drinks from strangers can be risky, especially when you are already affected by alcohol and are less likely to be aware or notice what is in the drink and how it may affect you.

NOT SEPARATE OR ISOLATE HERSELF FROM FRIENDS: Carrie should NOT have stayed with Stu when her friends left; she has put herself at risk of danger by being out of control with someone she doesn't know, she has no-one to look out for her or deter Stu from exploiting her.

Stu may misinterpret why Carrie has chosen to stay with him over leaving with her friends; she must make the reason for her choice 'clear', staying with him is not 'YES' to sex

It is likely that both their alcohol intake has had an affect on their actions, decisions and choices.

! Always stay with your friends on a night out and look out for one another; having a 'sober' buddy is good practice, one of you stays sober to keep a look out for others who are drinking, take turns on nights out and parties. Stay within your limits so you can communicate clearly and manage situations that may put you at risk of harm.

POST16: Consent and Sexual Offences



Friends

BOTH STU AND CARRIE'S FRIENDS COULD HAVE INTERVENED: Although not entirely their responsibility, both Stu and Carrie's friends could have acted to avoid the outcome that took place.

Carrie's friends could have chosen to stay with her or insisted she left with them; they could have asked more about where they were going, how, why, when etc. It is likely that their alcohol intake affected the decisions they made; this emphasizes the benefits of having a 'sober buddy'

Stu's friends could have questioned Stu when he was leaving with Carrie; stopping him or finding out a bit more about where they were going, how, when, why etc. Like Carrie's friends, it is likely their alcohol intake affected the decisions they made and again emphasizes the benefits of having a 'sober buddy'

Learning Points

EXPLAIN: Outcomes such as this are often a consequence of **poor choices**; it is not until after, when it is too late, those involved realise this could have been avoided at several points through safer choices, understanding and respect.

Sexual activity must be agreed by both parties; ensure you stop and think before making a choice....

1. Anything less than a clear and freely given 'YES' is a NO!!

Always ask the question if not sure (i.e. Can I? Is this ok? Are you ok with this?)
Being vague can be misleading, ensure your 'yes' or 'no' choice is clear!!

2. You have the responsibility to respect the rights and freedom of others, just as you have the right to expect others to respect yours!!

3. Communicate: it's better to talk about sexual feelings and expectations and get it right rather than assume and get it wrong!! This also ensures all parties know where they stand about what is happening

4. Threatening, manipulating, coercing or exploiting someone to engage in sexual activity is an offence which can amount to rape: consent can only be given with capacity, freedom and choice.

If you're not sure the other person consents; stop & ask them! It's a wise habit to get into!

Remember!! A person whose freedom or capacity to give consent is affected CANNOT give consent