

Trauma Informed Public Services Directory

This directory consolidates a range of Trauma Informed training that is currently accessible to all professionals. It's purpose is to outline different ways to access training and identify opportunities for free training.

	Brief Description	Who is this for?	Duration	Cost	Access Details
E-learning	<p>Introduction to Adverse Childhood Experiences Early Trauma Online Learning</p> <p>What does the online learning cover?</p> <ul style="list-style-type: none"> • An Introduction to Aces • Brain Development in the Early Years • The Impact of Childhood Adversity • Social, Health and Community Impacts of ACEs Early Trauma • Protective Factors • Looking at ACEs Through a Trauma Informed Lens • Building Resilience <p>This resource has been commissioned by the Office for the Police and Crime Commissioner</p>	Practitioners, professionals and volunteers who work with children, young people and their families	Approximately 50 minutes.	Free. This course has been funded by the Home Office Early Intervention Fund.	https://www.acesonlinelearning.com/

	West Midlands and is funded through the Home Office Early Intervention Youth Fund.				
	<p>Action on ACES eLearning</p> <p>The e-learning aims to raise awareness of the science of ACEs and resilience in order provide the information to communities, organisations and individuals to allow you to take action.</p> <p>The e-learning is to provide a introduction to those who want to learn about the science and impact of ACEs because of your professional or personal role, learn about what you can do take action on ACEs and a practical resource to further knowledge or to come back to at a later date.</p>	<p>This course is suitable for everyone working in health, mental health, education, police, local government, or with children and young people including parents and caregivers as well as those working in early years education and childminders. It's also useful for communities and organisations who want to know more about how traumatic experiences can affect individuals and communities.</p>	<p>Approximately 15 minutes (without playing the videos) and 45 minutes with the videos</p>	<p>Free. This course is provided by This learning has been created by Action on ACEs Gloucestershire and funded by Gloucestershire County Council Early Years Service.</p>	<p>https://www.actionaces.org/aces-elearning/</p>
	<p>COVID-19: Psychological First Aid</p> <p>Psychological First Aid (PFA) is the globally</p>	<p>This course is aimed at frontline or essential workers and volunteers dealing with the public during the COVID-19</p>	<p>The course is 3 weeks long with 1 hour learning per week, however you can complete</p>	<p>Free. This course is funded by Public Health England.</p>	<p>https://www.futurelearn.com/courses/psychological-first-aid-covid-19</p>

	<p>recommended training for supporting people during emergencies and offers guidance on delivering psychosocial care in the immediate aftermath of the emergency event. On this course, you'll explore the psychological impact of the COVID-19 pandemic and what you can do to help people cope.</p> <p>The course will teach you the key principles of giving psychological first aid in emergencies.</p> <p>This course has been produced by Public Health England and is based on international guidance from the World Health Organisation, United Nations and partners.</p>	<p>pandemic. You do not have to be a specialist to deliver PFA. Many people in helping roles will already be delivering PFA without realising it. Those who may benefit from this training include: health and social care staff, first responders e.g. police, ambulance, firefighters, frontline public-sector staff e.g. working in housing and employment services, essential workers e.g. those working in food delivery, funeral care, sanitation, community leaders and groups, volunteers, supervisors and managers supporting staff or volunteers.</p> <p>Those working with children and young people may benefit from more specific training, such as MindEd</p>	<p>this course at your own pace.</p>		
<p>Webinar</p>	<p>Research in Practice Trauma Training</p> <p>Research in Practice is a specialist social care learning and development provider which provides learning and development support and opportunities</p>			<p>https://www.researchinpractice.org.uk/all/topics/trauma/</p>	

	<p>for organisations and practitioners working with children and families, young people, and adults. HCC currently holds a licence with Research in Practice for a number of workshops each year and plans to request their Trauma workshops for HCC Adult Services staff.</p> <p>Current online learning includes</p> <p>Trauma-informed practice with children, young people and their families: Using a Trauma Informed Approach with Families with Complex Needs</p> <p>Bereavement and loss during COVID-19: What does good organisational practice and staff support look like?</p> <p>Delivered by Karen Treisman this webinar will consider what support mechanisms teams and organisations in the social care sector can put in place to support their workforce facing bereavement and loss during and after the current COVID-19 pandemic.</p>	<p>Webinar 1: 60 Minutes Webinar 2: 60 Minutes</p> <p>60 minutes</p>	<p>Free</p> <p>Free</p>	
	<p>HSCP Webinar Wednesday</p> <p>An Introduction to the Trauma Informed Journey Delivered by Graham Thomas and Carole Sweeney (Education Partnership Managers, Hampshire Constabulary and current Chairs of the Trauma Informed Development Group)</p> <p>This webinar is designed for all multi-agency partners and gives an introduction into the trauma informed journey, focussing on ACEs, and the benefits of having a trauma informed approach when working with vulnerable children and young people.</p>	<p>60 minutes</p> <p>First webinar to take place:</p> <p>26th August 2020 with a second chance to participate in November.</p>	<p>Free</p>	<p>https://hampshirescp.event-booking.org.uk/</p>

<p>Face to Face Training (currently being delivered as Webinars)</p>	<p>Rockpool ABC of Trauma Introduction & Awareness (Tier 1)</p> <p>The ABC of Trauma Introduction and Awareness course is CPD accredited. It is a half-day event that supports delegates to understand trauma, Adverse Childhood Experiences (ACEs) and toxic stress and its impact on individuals and explores how we can support clients to build resilience and protective factors to mitigate ACEs. The training will also support delegates to understand trauma informed practice.</p> <p>Aims of the Training</p> <ul style="list-style-type: none"> • To inspire and motivate the workforce to adapt their interactions with people through trauma informed practice • For professionals to have a better awareness of how trauma from early age manifests itself in behaviour and life choices of children, young people and adults • To gain awareness on the links between trauma, attachment, behaviour and triggers • To improve awareness of developmental trauma, toxic stress and adverse childhood experiences • To have an awareness of neuroscience research in relation to trauma • To have an awareness of the principles and practices of trauma informed approaches • To have an awareness of the impact of vicarious trauma <p>Topics Covered</p> <ul style="list-style-type: none"> • Trauma • Adverse Childhood Experiences • Toxic stress • Neuroscience research 	<p>Half Day</p>	<p>Free. This course is provided by local Trauma Informed Educators</p>	
---	--	-----------------	---	--

	<ul style="list-style-type: none">• Trauma-informed working• Resilience and protective factors			
--	---	--	--	--

Amendments and Feedback

If you have participated in any of the above training and wish to provide some feedback for us to share with other Colleagues, or you have participated in another programme, which is not currently listed. Please contact Graham Thomas or Carole Sweeney to update the document:

Graham Thomas

Education Partnership Manager (Hampshire Constabulary)
Email: graham.thomas@hampshire.pnn.police.uk

Carole Sweeney

Education Partnership Manager (Hampshire Constabulary)
Email: carole.sweeney@hampshire.pnn.police.uk