The SMART Challenge

Safe
Meeting
Accepting
Reliable
Tell

S is for **SAFE**: Think about the questions in the blue boxes below using the clues to help you.

S is for SAFE	**Who can see your information online?**	
	What might others do with your information?	
	How might you stop others taking and using your information?	

Clues to think about:

Should I post any personal information about myself online?

What can I post safely?

Information I post or share could reveal where I live, go to school or who my family and friends are

Could someone use my information to pretend to be my age to be my friend?

Should I tell things about me to people I only know online and not in real life?

Can everyone see my information or just my friends?

Could someone take my photos and use them?

Someone could use my information to pretend to be me

I should not tell anyone my passwords

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M for **MEETING**: Think about the questions in the blue boxes below using the clues to help you.

M is for **MEETING**	**Why should you never agree to meet someone you know online but not in real life?**	
	What could happen if you meet up with someone you only know online?	
	What should you do if someone you only know online asks you to meet them?	

Clues to think about:

The person may not really be who they say they are

Always make sure my parents know where I am going and who I am going to meet

They may not really be the kind or friendly person I think they are

It's not safe to meet with people I don't really know

If I don't know a person in real-life, then I don't know what they are like in real life

Always be truthful about who I am going to meet

If I am worried or unsure I must always speak to a trusted adult

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A for **ACCEPTING**: Think about the questions in the blue boxes below using the clues to help you.

A **is for ACCEPTING**	**How can you be sure who has sent a message or friend request?**	
	Is it always safe to open a message or accept a request?	
	What can you do to protect yourself, your information and your device?	

Clues to think about:

If a message is from someone I don't know, it isn't safe to open

I shouldn't accept friend requests from people I don't know in real life

Some emails and messages can damage my device or steal my information (spam/malware/virus)

I should make sure security and filters are set up

Ask a trusted adult if I'm not sure

I can block the sender

I should think about what information I post online in case someone gets access to it.

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R for **RELIABLE**: Think about the questions in the blue boxes below using the clues to help you

R is for **RELIABLE**	**Should you always believe everything you read, hear or see online or on social media?**	
	Should you always believe what friends say or share with you is true?	
	Should you always check if information is true or safe to share? How?	

Clues to think about:

Even friends say things that aren't true sometimes

Some people make up fake news online

I should look into things more before I decide if it's true

I should always make sure something is true before I share or comment

Some people make up untrue things about others to be mean

Talk to a trusted adult if I'm not sure

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T for **TELL**: Think about the questions in the blue boxes below using the clues to help you

T **is for TELL**	**What should you do if someone makes you feel worried or uncomfortable online?**	
	Who can you tell?	
	What can be done to stop it happening again?	

Clues to think about:

I can block and report the person

Delete my social media account

I should never do what the person is asking me to say or do

Parents, Teacher, Friend, Police Officer, ChildLine, CEOP

Report the person to the site/app provider

Stop talking and switch the computer off

Tell the person you don't like what they are saying and ask them to stop