



The SMART Challenge

Safe Meeting Accepting Reliable Tell

Take a look at the questions in the blue boxes to help you think about using social media and the internet safely and responsibly. Use the blank boxes for your answers.

S is for SAFE	Who can see your information online?	
	What might others do with your information?	
	How might you stop others taking and using your information?	
M is for MEETING	Why should you never agree to meet someone you know online but not in real life?	
	What could happen if you meet up with someone you only know online?	
	What should you do if someone you only know online asks you to meet them?	



A
is for
ACCEPTING

How can you be sure who has sent a message or friend request?

Is it always safe to open a message or accept a request?

What can you do to protect yourself, your information and your device?

R
is for
RELIABLE

Should you always believe everything you read, hear or see online or on social media?

Should you always believe what friends say or share with you is true?

Should you always check if information is true or safe to share? How?



T
is for
TELL

What should you do if someone makes you feel worried or uncomfortable online?

Who can you tell?

What can be done to stop it happening again?