

The SMART Challenge

SMART clues help you to think about using social media and the internet safely and responsibly.

Safe

- ✓ Should I post any personal information about myself online?
- ✓ What can I post safely?
- ✓ Information I post or share could reveal where I live, go to school or who my family and friends are
- ✓ Could someone use my information to pretend to be my age to be my friend?
- ✓ Should I tell things about me to people I only know online and not in real life?
- ✓ Can everyone see my information or just my friends?
- ✓ Could someone take my photos and use them?
- ✓ Someone could use my information to pretend to be me
- ✓ I should not tell anyone my passwords

Meeting

- ✓ The person may not really be who they say they are
- ✓ Always make sure my parents know where I am going and who I am going to meet
- ✓ They may not really be the kind or friendly person I think they are
- ✓ It's not safe to meet with people I don't really know
- ✓ If I don't know a person in real-life, then I don't know what they are like in real life
- ✓ Always be truthful about who I am going to meet
- ✓ If I am worried or unsure I must always speak to a trusted adult

Accepting

- ✓ If a message is from someone I don't know, it isn't safe to open

- ✓ I shouldn't accept friend requests from people I don't know in real life
- ✓ Some emails and messages can damage my device or steal my information (spam/malware/virus)
- ✓ I should make sure security and filters are set up
- ✓ Ask a trusted adult if I'm not sure
- ✓ I can block the sender
- ✓ I should think about what information I post online in case someone gets access to it.

Reliable

- ✓ Even friends say things that aren't true sometimes
- ✓ Some people make up fake news online
- ✓ I should look into things more before I decide if it's true
- ✓ I should always make sure something is true before I share or comment
- ✓ Some people make up untrue things about others to be mean
- ✓ Talk to a trusted adult if I'm not sure

Tell

- ✓ I can block and report the person
- ✓ Delete my social media account
- ✓ I should never do what the person is asking me to say or do
- ✓ Parents, Teacher, Friend, Police Officer, ChildLine, CEOP
- ✓ Report the person to the site/app provider
- ✓ Stop talking and switch the computer off
- ✓ Tell the person you don't like what they are saying and ask them to stop