



# Drug and Alcohol Misuse

## Awareness and Safety Task

This aim of this task is to raise awareness of drug and alcohol use among young people; increasing your knowledge and understanding to enable you to recognise the signs, risk, impact and consequences to prevent you and others misusing them.

### Task

Research alcohol and drug misuse to assist you to develop a presentation or resource for your peers to inform, advise and encourage them to make safe choices.

The focus of your presentation is to raise awareness to the dangers, situations, consequences, reasons why young people drink alcohol and take drugs and how to seek support:

How and why does it happen?

What are the signs?

What can you do to stop it?

How it links to other issues: sexual abuse, addiction, domestic abuse, violence, health

Where you can get support and advice

Make your presentation as adventurous as you can; consider the following methods:

Song, poem, rap

Short video clip

Awareness poster/leaflet

Short dramatisation

Web-page for school site

App design

Story

Art

### Useful Resource and Research Links

News Article	<a href="#"><u>How rap has influenced drug trends</u></a>
Drama	<a href="#"><u>Breaking Bad</u></a>
Poetry	<a href="#"><u>Deep Underground</u></a> shared poetry site
Information	<a href="#"><u>What influences young people to take drugs</u></a>
Information	<a href="#"><u>Womans Aid</u></a>
Information	<a href="#"><u>Effects of drugs and alcohol</u></a>
Advice and Information	<a href="#"><u>Talk to Frank</u></a>

