Hot Topic: Violence… what does it solve?!

It's not OK for someone to expect you or your friends to do things you don't want to. Listen to your instinct; if it doesn't feel right – refuse!

Before using violence:

 Violence doesn't resolve anything but talking can!

Think before you act:

Violence no injury = DOWN

Theft from person = UP

Drug Offences

Burglary = UP

Shoplifting = DOWN

Do you know the signs?

- Being under the influence can increase the risk of violence being used.
- Being under the influence can also increase the risk of other crimes.

It's important to know that violence can also be directed towards you, your friends, or your family, even if you are not the one involved in the situation.

The reality is that people don't normally plan to be violent; often it happens through a combination of factors.

The diagram shows acts of violence and their possible consequences for victims and offenders.

The diagram shows the following:

- Violence can lead to injury.
- Violence can lead to property damage.
- Violence can lead to criminal charges.
- Violence can lead to social isolation.
- Violence can lead to mental health problems.
- Violence can lead to physical health problems.

You can find more information about CSE prevention and education on the Hampshire Police website. Click here to find out more or visit www.hampshire-pcc.gov.uk

Links to Further Support and Advice

- www.feareless.org: Offers advice and support about CSE
- www.childline.org.uk: Provides advice and support about CSE and support for young people who are or have been affected by CSE
- www.nspcc.org.uk: Offers advice about a range of issues affecting young people, or to find out more or visit www.nspcc.org.uk
- www.barnardos.org.uk: Offers advice about CSE and support for young people who are or have been affected by CSE
- www.thinkuknow.co.uk: Provides advice and support about all cyber issues including CSE

In your local community:

- Friends
- Family
- Teachers
- Youth organisations

If you have a question, need advice or want to find your local Neighbourhood Police Team visit the Hampshire Police website.