**Seeing… Do you know the risks?**

What do you know about online safety? Are you doing your shopping online? If you are, remember to think about these points:

1. **Is the site a real store and do the goods really exist?**
2. **Avoid offers that seem too good to be true.**
3. **Bullying:**
   - Do you know how to treat others?
   - Have you ever been bullied?
4. **Affect on mental health:**
   - Do you feel happy with your own body?
   - Do you know how to talk to others about your feelings?
5. **Sexting:**
   - Have you ever been asked to send a naked or sexual picture?

Get Safe Online: Find out more about online shopping at Get Safe Online.

Advice to you

- Click on the crest opposite to find out more about sextortion and how to get help if you or someone you know could be a victim.
- Links to more advice and support is available in the section below!

Advice to you

- If an offer seems ridiculously cheaper than anywhere else be cautious!!
- Don’t worry!!
- **Tips:**
  - Google the company name and look at reviews – if you recognize the company name and see positive reviews, it’s probably a reputable store.
  - Check the website’s URL for any typos or unusual characters. A legitimate website will typically have a secure connection (https://).
  - Look for a padlock symbol in the address bar when the website is secure. This indicates that the information you enter will be encrypted and secure.

**Sexting Prevention Campaign Competition 2016**

Students Katherine Bowditch, Annabel Main, Alfie Payne, Chyanne Cox, Charlie Applin and Anna Driver impressed the Hampshire Police Website media team over the coming months by raising awareness to young people about the risks of sharing naked, semi-naked, or sexual images online.

Three cheers for all finalists & runners up

Pupils will work with our creative media team over the coming months to design a campaign for the police that raises awareness of sextortion and the risks associated with it.

Purbrook Park School, Waterlooville ~ Robert Mays School win the Police Apprentice of the Year award. The group would be sent to the Isle of Wight for a week to help develop the Young Police Apprenticeship Scheme.

Leicester ~ The Hampshire Police Apprentice scheme is open to those aged 16-25 who are interested in policing, but don’t want to become a police officer.

Helpful toolkit for young people who have found themselves being bullied.

- Remember to get help if you or someone you know could be a victim.

- Don’t worry!!
- Help yourself by:
  - Telling someone!
  - Feel, victims feel worried to tell the police or their parents for fear of getting into trouble.
  - Tell someone they could also get into trouble as well for having it on their phone too!!

Advice to you

- Get Safe Online: Find out more about online shopping at Get Safe Online.
- Advice to you
  - 1. **Is the site a real store and do the goods really exist?**
  - 2. **Avoid offers that seem too good to be true.**
  - 3. **Bullying:**
    - Do you know how to treat others?
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  - 4. **Affect on mental health:**
    - Do you feel happy with your own body?
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    - Have you ever been asked to send a naked or sexual picture?

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