Hampshire Constabulary Strategic Partnership Team welcomes you to our Final ‘Safer Schools & Professional Partners’ newsletter of 2016.....

With the festive season upon us, it is shocking how quickly another year has passed us by!! Now is a good time to look back and reflect on the achievements we have all made in the work with children, young people and their families.

We are delighted to have seen our working relationships with schools, colleges, partner agencies, local authorities and young people grow; opening doors for new opportunities to work together to keep children and young people safe and informed.

We have also seen the launch of our Police Apprentice Initiative this year which was the driver for our Sexting Prevention Campaign Competition, ran with secondary schools to create a concept for a sexting awareness campaign in 2017.

Ongoing projects currently in development for 2017 include digital engagement and digital consultation with young people through Hampshire Alert, launch of our youth charter, and additional features to our safe4me resource to name but a few... we will keep you posted!!

As always, we thank you for the positive feedback about the newsletter and letting us how you are using it in the work you do; we hope you find this edition as interesting, valuable and supportive.

Remember you’re welcome to send anything you’d like to feature in our next edition due mid-Jan 2017, this newsletter is intended to benefit us all; click here to forward anything you’d like to share.

Thank you for your commitment to working in partnership with us to keep children and young people safe, and may we take this opportunity to wish you a very ‘Merry Christmas and Prosperous New Year!!’

The Strategic Partnership Team

Contents

Topics covered in this edition are listed below for your reference; Hants Police News section is a regular feature to showcase the work we are doing with young people and partners. Other sections provide relevant resources, articles, and publications to use in your work with young people and their families.

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Child Sexual Exploitation & Abuse
Cyber Safety
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Prevent
Safeguarding
Sex & Relationships
Local Events, Training & Opportunities
National Awareness Dates
Robert Mays School win the Police Apprentice ‘Sexting’ Campaign Competition at grand final event on Children's Takeover Day

Many of you will know from previous newsletters and local media that we launched a competition back in June 2016 to secondary schools, inviting pupils to design a campaign for Hampshire Constabulary to tackle the issue of sexting among their peers.

Coinciding with the Children’s Commissioner of England Takeover Day Challenge, an audience of over 130 attended the grand final event at Hampshire Police Training and Support HQ on 18th November to witness the six finalist schools present their campaign concept to our expert panel:

- The NSPCC’s acting head of child safety online, Dr Julia Fossi
- Child Exploitation & Online Protection (CEOP) education officer, Jenny Robertson
- BAFTA award-winning computer game designer, Gordon Ross
- Hampshire Constabulary Deputy Chief Constable, Sara Glen
- Hampshire and Isle of Wight Youth Commission member, Sophie Smith

Students Katherine Bowditch, Annabel Main, Alfie Payne, Chyanne Cox, Charlie Applin and Anna Driver impressed the judges with an animated concept that warned of how nude/sexual pictures can spread once shared; aptly naming it ‘Wildfire’ to highlight just how quickly images can spread.

Teacher Kathleen Wingfield said: “We’re so proud of the students for the innovative skills, dedication and cooperation they displayed in both creating and presenting their campaign proposal.”

“I hope their vivid and inclusive idea can have a positive effect on more young people being safer and stronger in the decisions they take when using technology to connect with their peers.”

The winning team will work with us over the coming months to produce a campaign to coincide with Safer Internet Day, February 2017. This project supports the on-going work by the constabulary to include young people and enable them to have a say on issues that affect them, as well as support our participation in the Takeover Challenge!!

Three cheers 4 all our finalists....

Applemore Technology College, Southampton - Key Stage Three Runner-up
Woodlands Community College, Southampton - Key Stage Four Runner-up
Purbrook Park School, Waterlooville
Springfield School, Portsmouth
Test Valley School, Stockbridge

All finalists qualify to receive the Hampshire Police ‘Is it worth it?’ roadshow based on sexting awareness education provided by renowned national youth projects agency Amelix which will tour the county next year.

Social media showcase!!!

The winners’ announcement was shown live on Hampshire Constabulary Facebook, the live video has received over 8,000 views to date.

SnapChat was our main social media channel as this was an event for young people, giving it a celebrity-style behind-the-scenes insight to show the event unfold on the night.

A Police Apprentice backdrop was used for interviewing people to give it a glitzy feel!

As far as we are aware, Hampshire is one the first police force to make use of a Snapchat filter!!!

More content was posted on Twitter and Instagram; in total our tweets managed to reach 89,940 impressions. Click the Snapchat/Twitter Icon above to take a look at our Twitter Story!!

Click here to read the media release on our website

Hampshire Constabulary would like to express thanks to everyone involved in the planning and successful production of the Police Apprentice sexting prevention campaign competition and final event.
Supporting Local E-Safety & Social Media Projects at the Police Apprentice Finals Event

We were delighted to support two local projects by showcasing their work at our finals event on the big screen. Students and staff from Fareham College attended the event to see their project **Sent. Delivered. Seen** on the big screen at an education event; the film was created by students in collaboration with pupils from Portchester Community School and Cams Hill School, Fareham to raise awareness of the implications of ‘sexting’ [Click the picture](#) to access the film and consider using in your work as a discussion tool/ice-breaker.

We were also delighted to welcome pupils and staff from Warblington School, Havant who represented The Warblington Partnership Board and The Spring Arts & Heritage Centre e-safety project ‘**Your Online World in the Real World.**’

PC Maria Carrick and PCSO Victoria Cooper from Havant, were delighted to be actively involved in this project; PC Carrick also represented Hampshire Constabulary at the premier launch of the project films at The Spring Arts & Heritage Centre on 4th October, attended by pupils from all schools involved in the project, their parents and the Mayor of Havant.

Children Commissioner Takeover Challenge 2016

For the 3rd year running we participated in this annual event run by the Children’s Commissioner for England, Anne Longfield; achieving a silver commendation for our work in 2015, this year we are going for GOLD!!

Takeover Day challenges organisations to let children & young people ‘take over’ job roles and be involved in decision making; promoting Article 12 of the UNCRC (United Nations Convention on the Rights of the Child) ‘**all children should have a say in matters that affect them**’

The official launch day for Takeover Challenge 2016 was 18th November; however, we kicked activities off earlier on the 10th November with a 6th form student from Oaklands Roman Catholic School accompanying Deputy Chief Constable Sarah Glen over 2 days to conduct her review of Waterlooville district.

Activities took place far and wide on the 18th November, not only at our Police Apprentice Sexting Campaign Competition Final, local neighbourhood policing teams (NPT) also engaged children and young people at local stations and other venues on a range of topics including child sexual exploitation, drugs/NPS, hate-crime, anti-social behaviour, missing children, stop and search, body image and bullying; producing fantastic work such as… awareness posters, leaflets and presentations which we are currently exploring using as resources to share with others.

**East Hants NPT (@Easthantscops)** spent the day with pupils from Bohunt School, Liphook. Mill Chase Academy, Bordon. Amery Hill & Eggers, Alton and The Petersfield School

**Andover NPT** spent the day with pupils from Winton Community Academy

**Basingstoke NPT,** Inspector Ben Taylor and Chief Inspector Matthew Reeves (@BasingstokeCops) spent the day with students from Reading University and Queen Mary’s College

**Portsmouth NPT (@PompeyPolice),** the firearms unit and police dog handler spent the day with pupils from The Portsmouth Academy

**Waterlooville NPT,** Inspector Dave Humphries (@WloovilleCops) spent the day with pupils from Crookhorn College, Oaklands Catholic School, Purbrook Park School and Cowplain Community School.
Other local policing teams who took part in activities include Hayling, Gosport, Stockbridge and Bitterne. **Romsey team** spent the day with pupils from The Romsey School, **Millbrook team** spent the day with pupils from Regents Park School. **Portswood team** carried out activities on 30th November with pupils from St Georges Catholic College.

**Well done to everyone who took part!!**

**Keeping the good work going**********

Organisations are encouraged to continue their Takeover Challenge work beyond the one day, keeping children and young people involved in their work on an ongoing basis. Hampshire Constabulary has plans to continue this work through projects such as:

- **Police Apprentice**: problem solving initiative tackling topics affecting young people in today's society
- **Hampshire Alert***: addition of a community for 11-15yr (under development)
- **Digital Focus Group**: young people to consult/advise electronically by email/survey on youth issues
- **Youth Charters***: informing young people of our commitment to them and their rights as service users

*Individual articles are featured below to inform schools & partners of how they can support the ongoing work above.

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**Strategic Partnerships Needs Your Support!!**

We are seeking support from schools, colleges and partners with two projects currently underway… can you help?

**1. Youth Charter**

As an additional piece of work associated to our strategy for children and young people, we have been working with the Hampshire & IOW Youth Commission to develop a youth charter. The aim of the charter is to inform young people aged between 10 – 17 years about our commitment to them as young service users. This work has recognised the benefit of adding a series of ‘sub-charters’ written by young people for young people in a way that simplifies explanations relating to their rights and what they can expect in regards to:

- Reporting a crime
- Stop and Search
- Victim Support
- Arrest and Custody
- Youth Offending
Having gone through three stages of development so far, we are about ready like to introduce them to other groups of young people to test the quality and value to ensure they are fit for purpose.

This would be a good opportunity to support British Values work and so we welcome offers from schools and colleges for their students consult on this piece of work by reviewing the sub-charters as part of a lesson, feeding back any thoughts and recommendations.

We also welcome partners to include groups of young people they work with too!!

Please click here to register your interest to support this project, to take place in January 2017

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2. Hampshire Alerts

Hampshire Alert is a free community information messaging system which you can sign up to and choose what information you want to receive in relation to where you live, or specific communities of interest, in a format you prefer, email, text or phone message – so ‘alerts’ are personal to you.

Hampshire Alert is nothing like Facebook, Twitter or any other social media site. All the information is kept secure and private, no need to set up a social page or add pictures. Once registered, members only need to log into the system to update their details or preferences. Alerts will be sent to their chosen email or phone number.

What do we use it for? Primarily, we use it to send out appeals, awareness/warnings, engagement events, crime prevention advice, good news…. pretty much anything that would be included in a local policing newsletter!!

It’s what young people want: In response to young people telling us they would prefer to receive information from us in ways other than social media (don’t want to be seen by their peers to follow the police), we have recently had a community added for 11-15 years to engage young people so that they will only receive information relevant to them.

What we plan to use it for:

- Distribute Youth News – our newsletter for 11-17yrs
- Inform young people of opportunities such as cadets and other voluntary roles
- Contribute to surveys and youth focus groups – digital consultation
- Crime prevention advice to keep them safe and vigilant
- Awareness of national and local events
- Information about services and support

How can you help? We need access to young people 11 -15 years to begin to generate a community we can contact and engage.

We will soon be tasking local neighbourhood teams to approach schools, youth groups and to hold community events to promote sign-up.

As schools have a captive audience in vast numbers, we are keen to explore schools supporting this beneficial tool to keep young people informed and included, to help us maximise the potential of creating a community by:

- Hosting a sign-up link on their intranet and allowing pupils to sign-up with their school email accounts.
- Informing pupils and parents of Hants Alert - sign-up on personal email accounts at home/not school
- Allowing local officers to attend lunchtimes to promote/sign-up - register pupils on mobile devices??

Would you like to discuss supporting this project? If so, we would like to hear from you!!

Click here to register your interest to discuss working with us to keep young people safe and informed

Want to know more about Hants Alert?
Click here to go to the info page
Do you know any budding artists?

We are looking for young people who would like to take on the challenge to brighten up a dull area at our training and support HQ, Netley.

The public order department has a wall of wooden panels in their compound that they would like to brighten up so they are giving a team of young people the opportunity of decorate it with some art/ graffiti…

[click here] to express your interest and we will get back to you with more details!

Hampshire Police School Education and Youth Engagement Initiatives: supporting schools, colleges and youth groups with keeping young people safe and informed.

We would like to remind education and youth partners of the support we provide as part of Hampshire Constabulary’s commitment to working in partnership to educate and safeguard young people.

Safe4me is an electronically accessible resource library available to all schools, college and partners to use in their work to educate children and young people; consisting of age relevant toolkits, the content address a range of safeguarding topics and include lesson plans, activities, advice materials and links to other valuable resources. Other features of Safe4me include links to service directories, corporate campaigns and access to force newsletters and engagement initiatives.

Police Apprentice is an interactive problem solving initiative led by young people, which tasks them to design ways to communicate key safety messages to their peers on a range of safety issues. The peer-to-peer approach recognises young people as credible experts to create appealing ways to send out safety messages that youth audiences will listen to. This police engagement is suitable for all ages, offering both primary and secondary/Post16 options.

[Click the links] to read some of our Police Apprentice events:

- Sparsholt College on CSE
- Dove House School on Internet Safety
- St. Edmunds on Cyber Bullying

In addition to this newsletter, we also publish a regular newsletter for 11-17yrs called Youth News; links to all editions of Youth News and Safer Schools and Partners newsletter are both located in Safe4me.

Events and Conferences: Our team can also attend events you may be running such as conferences or forums to either engage your staff and colleagues, or host a stall, with the aim of informing about the support Hampshire Constabulary offers schools and partners regarding safeguarding, education and engagement.

Contact us: If you would like access to the Safe4me education resources, discuss running Police Apprentice in your school, college, youth group or corporate establishment, subscribe to our newsletters, or request a presentation from one of our team to your staff, please contact us using the email below.

schoolyouthengagement@hampshire.pnn.police.uk

Hampshire Constabulary Strategy for Children and Young People

[Click the strategy front page to access the full document; content explains the focus and aims of Hampshire Constabulary’s work to safeguard children and young people.]

Offer to schools to participate in a ‘Body Worn Video (BWV) Pilot

Reveal supply Hampshire Constabulary with their operational BWV technology; we have recently been contacted by them to explore the potential of including Hampshire schools in a pilot they are currently running in other counties across the UK. In basic terms the pilot aims to capture and measure the value of school staff wearing BWV to manage staff-pupil incidents and welfare concerns; benefits identified can include:

- To deter and reduce escalation of incidents in the classroom
• To de-brief and learn from situations - capture best practice
• Live copy of behaviour for other services involved in a young person’s welfare can use
• For Restorative Justice Intervention – pupils can see the impact their behaviour had
• To protect staff from false allegation
• For parents/carers to see - support any sanctions schools may decide to impose

REVEAL will supply schools all equipment and training at no cost; if you are interested in finding out more, please contact Ellie Surey at Reveal. Her details are included in the info poster below.

Hampshire Police ‘SEXTORTION’ Campaign launched to raise awareness of the dangers of engaging in sexual activity online.

Sextortion has been a rising concern since the death of 17 yr old Daniel Perry in 2013; blackmailers tricked him into thinking he was on Skype with a girl his own age then threatened to send video of their intimacy to his family and friends unless he paid money. Daniel took his own life as a result of the despair.

Hampshire Police are campaigning to raise awareness of sextortion, a form of cybercrime and blackmail which lures victims into performing sexual acts in a front of webcam or a camera on a smartphone; often victims are unaware this is being recorded by criminals who intend to use the video footage in an attempt to blackmail individuals. Sextortion offenders typically threaten to upload video recordings to the internet, sending the footage to a victim's family and friends if demands, usually for money, are not met.

This crime is thought to be hugely under-reported, with cases having doubled in the past year nationally, victims tend to be young males between 17-23yrs who do not always have the emotional strength to cope with the blackmail.

Therefore, a key purpose of our campaign is to give more victims the confidence to come forward and confide in police about any situations or threats they’ve encountered.

Click the image of the female above to access the campaign video or copy the link into your browser: https://www.youtube.com/watch?v=WW7RM0brGOM

Hampshire Police Safer Christmas Campaign

Every day during December, we’re issuing messages on a different theme each day designed to deter and detect crime at Christmas. Click the links below to access advice on the following themes
When Shopping

At Cashpoints
Going Out

At Home
Online

Check and follow our main Facebook page, and @HantsPolice Twitter channel each evening for a new piece of advice and call to action.

Click the logo to visit the main campaign website

Anti-Bullying

‘How can the police help you?’: Internet Matters launch video supported by Hampshire Chief Constable Olivia Pinkney

Hampshire Constabulary has backed a new national campaign aimed at providing reliable and reassuring advice, to parents whose children are affected by cyberbullying. Led by ‘Internet Matters’, the campaign sees the launch of online content to communicate information and guidance to parents of children aged between 9 - 16 yrs.
This includes a video recorded by Hampshire Constabulary Chief Constable Olivia Pinkney in her role as the National Police Chiefs’ Council’s (NPCC) lead for Children and Young People. Click the Internet Matters logo to view the video or visit the Internet Matters website for more resources and information.

What children are telling us about bullying

At the beginning of Anti-bullying Week, the NSPCC has published a report about what children tell Childline about bullying. This aims to help adults understand what bullied children are experiencing, think about what support they need, and consider how to respond effectively. Key points include: the way bullying is carried out has changed over time; bullying can have a big impact on a child; it can be difficult to ask an adult for help and children sometimes feel that talking to a parent or teacher will not achieve anything; peer support, for example through the Childline message boards, is very important. Click the NSPCC logo to access the full report

Advice for Parents

Five articles every parent should read about bullying

Advice and information for parents on bullying, cyberbullying, LGBT bullying and what to do if your child has been bullying someone else.

Bullying: a parent’s guide and What if my child is bullying another child?

Scotland's anti-bullying service Respect Me (link is external). Communications manager, Pamela Graham, offers parents advice on bullying: how to recognise it and how to help children caught up in it

Child Sexual Exploitation & Sexual Abuse

Links to valuable resources and information provided by the NSPCC

NSPCC Schools Service Brochure: provides a summary of all the work NSPCC do in schools so you can ensure yours is making the most of the products, services and resources they offer.

NSPCC Keeping Children Safe Online Course CEOP have launched an updated 2016 version of the
NSPCC e-learning course Keeping Children Safe Online.

**The Underwear Rule - Talk Pants**: find out more about getting the free PANTS resources including lesson plan, slide presentation, curriculum links, classroom activities, advice sheets and more

**Speak out Stay Safe Programme** - formerly Childline Schools Service. For children age 5-11 to stay safe from abuse and neglect through lively, interactive assemblies and workshops.

**NSPCC Safeguarding in Education Self-Assessment Tool (ESAT)**: helps audit your school’s current safeguarding arrangements, support you to make any changes and identify areas for development.

**Safeguarding in Education Updates**: Receive the latest education practice, policy and research news by subscribing to the NSPCC monthly Safeguarding in Education Update.

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**Sign up to E-safety Support for new ‘free’ CSE resources for schools**

Includes a range of CES resources, training materials and a CSE Checklist for schools to download (Download)

**Click the logo** to go to the sign-up page

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**Could you spot the signs of Child Sexual Abuse?** Seen and Heard’ interactive eLearning course. **Click the logo to find out more**

**Click here** to find out more about seen and heard and access other resources

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**#CSE HelpMe and Alice's Diary**: Hampshire Constabulary’s child sexual exploitation campaign

Our campaign to raise awareness of the signs of CSE to parents, young people, teachers, social workers, and others working with potential victims of CSE.

As part of the campaign Alice’s Diary blog was also launched; written by 15-year-old ‘Alice’, her friends, family and teachers goes into detail about how CSE happens and can be identified by those around her. A hashtag of #CSEHelpMe is also being used to promote the campaign across the force Facebook and Twitter accounts. **Click here to download the artwork posters and find out more about the campaign**

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"Know the Signs - Emma's Story" A victim’s perspective of Child Sexual Exploitation.

Filmed by West Yorkshire Police with pupils from Airedale Academy "Emma’s Story" is part of the West Yorkshire Police Child Sexual Exploitation 'Know the Signs' campaign. The film shows a victim's perspective of CSE and aims to highlight the signs to anyone who may be at risk. The video was originally released in 4 short parts and published online over four separate days. Each section of the video shows changes in the victim's appearance and behaviour. **Click the image to access the film clip**

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**Young people’s experiences of moving on from child sexual exploitation**

The University of York and Basis Yorkshire have worked with young women from Basis Yorkshire and a young man from the BLAST Project to create Breaking Through, a new set of resources about child sexual exploitation (CSE). These include an animation of young people talking about their experiences of getting
involved in CSE and moving on from it, a booklet with short quotes from their stories and all the stories in full.

**Film:** [Breaking through - moving on from child sexual exploitation](#)
**Breaking through - moving on from child sexual exploitation: our stories**
**Breaking through - moving on from child sexual exploitation: our stories in full**

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**Cyber Safety**

**Sexting Section**

[Image of College of Policing logo]

**Common sense police approach to investigating sexting among under-18s**

The College of Policing has published a briefing note which aims to help officers to respond in a proportionate way to reports of under 18-year-olds possessing, sharing or generating indecent imagery of themselves or other children – often referred to as sexting.

[Click the logo to access the full document]

[Visit the NPCC website for more information]

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**The SPIRTO Project:** Young people who produce and send nude images:

Context, motivation and consequences

SPIRTO is a research project funded by the European Commission Directorate-General Communications Networks, Content and Technology, Safer Internet Programme as a Knowledge Enhancement Project. Its goal was to build an evidence base of the risks associated for adolescents with the move to merged technology, in particular mobile or hand held devices.

[South West Grid for Learning & UK Safer Internet Centre Infographic checklist]

[‘So You Got Naked Online’ Toolkit from the SWGFL] Advice for children, young people and parents’ to support issues resulting from sexting incidents

[UK Council for Child Internet Safety Education Group (UKCCIS) toolkit]

[Sexting in schools and colleges: Responding to incidents and safeguarding young people]

[Keeping Children Safe in Education: statutory guidance]

[Searching, Screening and Confiscation: non-statutory advice]

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**Childline gets a makeover as NSPCC launches new #Listentoyourselfie**

Funded by BBC Children in Need, ‘Listen to your Selfie’ aims to teach young people about online sexual abuse, what constitutes a healthy relationship, and to recognise signs they are being manipulated, controlled or exploited so they feel empowered to make their own decisions or choices and speak up if they feel worried or scared about a situation or relationship.

The campaign is centered on two films where selfies 'come to life' and question the situation:

[**The Game:** focuses on a same-sex online grooming scenario](#)

[**The Party:** highlights peer-to-peer sexual pressure and grooming](#)

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**16 Sites and Apps Kids are heading to After Facebook:**

Social media apps that let teens do it all -- text, chat, meet people, and share their pics and videos -- often fly under parents’ radars.
Gone are the days of Facebook as a one-stop shop for all social-networking needs. Recent reports go back and forth on teens' favorite digital hangout, but the fact is that these days, teens are diversifying: dividing their attention among an array of apps and sites that let them write, share, chat, and meet new friends. It may seem more complicated to share photos on Instagram, post secrets on Whisper, flirt with people on Skout, and share jokes on Twitter, but tweens and teens seem to enjoy keeping up with their various virtual outposts, and each one offers something different.

You don't need to know the ins and outs of all the apps and sites that are "hot" right now, but knowing the basics -- what they are, why they're popular, and what problems can crop up when they're not used responsibly -- can make the difference between a positive and a negative experience for your kid. Below are some of the most popular types of apps and websites for teens: texting, micro-blogging, self-destructing/secret, and chatting/meeting/dating. The more you know about each, the better you'll be able to communicate with young people about safe choices.

**Texting apps**
- Kik Messenger
- ooVoo
- WhatsApp

**Self-Destructing/Secret apps**
- Secret - Speak Freely
- Snapchat
- Whisper
- Yik Yak

**Micro-blogging apps and sites**
- Instagram
- Tumblr
- Twitter
- Vine

**Chatting, Meeting, Dating apps and sites**
- MeetMe
- Omegle
- Skout
- Tinder

To find out more about each site, click the common sense logo to visit the homepage

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**Cyberbullying guidance and practical PSHE toolkit launched as part of Anti-Bullying Week**

Created to support schools develop effective strategies to understand, prevent and respond to cyberbullying: new cyberbullying guidance along with a practical PSHE toolkit for teachers. This work has been funded by the Government Equalities Office and European Union as part of their work as one of three charities in the UK Safer Internet Centre.

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**CEOP Play Like Share resource for 8-10 yrs**

Three-episode animated series and accompanying resource pack aims to help eight-to-ten year olds learn how to stay safe from sexual abuse, exploitation and other risks they might encounter online such as sharing content. [Click the picture to access the trailers and find out more](#)

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**SID 2017 Acronym Competition**

To celebrate the fantastic work being done through Safer Internet Day activities around the world, E-Safety Support are running a competition for schools. To get involved, all your pupils have to do is come up with a positive e-safety acronym using the words CHANGE or UNITE - inspired by the SID2017 theme, Be the Change: Unite for a better Internet.

**Entry is open now** and schools can enter as many tips as they wish. All entries must be received before midnight on February 6th 2017 and will be announced on SID. [Click the logo to see full details](#).

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**Latest E-Safety News Articles**: includes articles on topics of sexting, sextortion, online hate.

**FREE online resources and support from E-Safety Support!!**
E-safety Support is an online service that offers everything schools need to deliver consistent, outstanding e-safety practice which meet Ofsted requirements to help keep pupils & staff safe online.

**Free E-safety Wall Planner 2016/17**

This is an ideal tool for planning your e-safety activities throughout the year. E-safety Support offers suggestions on how the resources can be used throughout the year as well as having space for you to insert your own activities, also highlighting some of the key e-safety events throughout the year.

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**Children’s rights in the digital age: worldwide research into the benefits and risk of Internet use by young people**

Global Kids Online research confirms that the majority of children say they learn something new online at least every week, but large numbers still face risks online.

One of the conclusions of the findings suggests that, “children are generally positive about the opportunities available for them online. However, children do not use the Internet in schools as much as expected and they generally do not see teachers as those they could confide in about what bothers them online”.

**Click the logo** for more information about the project along with a full copy of the pilot research findings and researchers toolkit.

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**Google Expeditions: Bring lessons to life!!!**

Google Expeditions enables students to take part in field trips right from their classroom. Expeditions allows a teacher acting as a “guide” to lead classroom-sized groups of “explorers” through collections of 360° and 3D images while pointing out interesting sights along the way.

**Click the image to find out more**

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**OVER 800,000 COPIES OF DIGITAL PARENTING MAGAZINE SENT OUT!**

A printable and downloadable online version is now available too.

As always, the magazine is completely free and you can order as many as you need for your school (min. 50). **Click the magazine image** to place your order

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**Could you be the Parent Zone Digital School of the Year?**

This year, Parentzone are looking for a school that has gone that extra mile to maximise online opportunity for pupils and the whole school community while minimising the risks they face online. So what better time to crown the new online champion than Safer Internet Day?

The winner will be presented with their trophy in their own school during the week of Safer Internet Day ‘17 and will receive:

- A session from our online safety team for your staff, pupils or parents.
- Our Safer Internet Day coverage will feature our winner on the Parent Zone website, and on Parent Info, our schools newsfeed service.
- £250 in Amazon vouchers to top up the tech in their school.

Entering is simple and open to Digital Schools members. Just complete the application form and submit by Wednesday 14 December 2016. The winning Digital School will be announced on 11 January 2017.

**Click the logo to find out more**
Interesting articles to share with parents and for professionals to use in their work with children, young people and families

Think critically!
With so much information at our fingertips in the digital age it’s especially important to help children learn to question what they see or hear. Here are some of the things child/your child will need to look out for online, and what you can do to help them. By Parent Zone’s Rachel Rosen.

Valuable resources to help you in your work

FREE online safety skills audit tool for schools and professionals
A free audit tool to help identify skills gaps in your setting; designed for use with all teaching and support staff and will enable you to gain a clear picture of your training and development needs in online safety and digital safeguarding for the next academic year.

FREE online course for parents and carers: ‘Resilient Families’
A free online course to help parents and carers get to grips with the things they really worry about when their children go online; topics include radicalisation and extremism, cyber-bullying and sexting.

Information for parents & professionals about common apps and gaming sites

ask.fm
FIFA16
Instagram
Instagram: what are the issues?
Kik
Making Snapchat work for you
ooVoo
PokemonGo
Skype
Snapchat
Snapchat: what to do if you’re worried
WhatsApp
YouTube Kids

Professionals Online Safety Helpline

0844 381 4772    |    helpline@saferinternet.org.uk

The UK Safer Internet Centre has been funded by the European Commission to provide a Helpline for professionals who work with children and young people in the UK to provide support with all aspects of digital and online issues.
The call-centre is open Monday to Friday, 10am to 4pm and can be emailed at any time; emails will be responded to during their normal working hours. Click the logo to find out more

Cyber: News, Reports & Publications Section

Ofcom’s report on Children and Parents: Media Use and Attitudes.
Published recently, the report reveals that children’s internet use has reached record highs, with youngsters aged 5-15 spending around 15 hours each week online – overtaking time spent watching a TV set for the first time.

Click the Ofcom image above to access the full report

E-safety News Links

ESS provide a host of current news stories, keeping readers updated on a range of online issues and safeguarding concerns. Click the logo to read the latest articles

FGM

Mandatory reporting for female genital mutilation
Viv Bennett, Chief Nurse of Public Health England, blogs about the first year of mandatory reporting for female genital mutilation (FGM) and the role of school nurses and health visitors in identifying and safeguarding girls who are at risk. She outlines the criteria for mandatory reporting, explains the requirements for professionals and highlights the importance of professionals having the confidence to ask the necessary questions.

A series of videos are provided which include Women talking about their personal experiences of female genital mutilation FGM; click the GOV.UK logo to access them.

**Health, Mental Health & Wellbeing**

**Fathers’ support for teenage boys’ mental health**

Time to change reports on the findings of a survey about young men’s mental health.

A poll carried out by Censuswide of 1,504 boys aged between 16-18yrs found: 49% of participants would not feel comfortable talking to their dad about their mental health and over 1/3 said this was because their dad doesn’t talk about his feelings; 57% wanted their fathers to talk to them; 70% of sons felt comfortable talking about their mental health when encouraged by their father. Click the image to find out more about the study

**First Steps: Eating Disorders Awareness and Anti Stigma Video**

The aim of this video is to reduce the stigma surrounding eating disorders. First Steps created a video with different perspectives on what eating disorders mean to people as individuals, and to help break some stereotypes. Click the logo to access the video resource

Comments from young people who reviewed this include:
- Realistic and easy to watch and follow
- A good length
- Learnt a lot more about EDS that I didn’t know but thought I did so challenged my view a lot
- I didn’t realise how easy it would be to get help with an Eating disorder.
- It’s good that they are showing other places to get help and support other than the doctors or CAHMS
- Didnt expect to see the boys, but guess its real
- I didn’t really understand it was a mental illness
- Its much more serious that I realised
- I know someone at school with an ED and I think I get it more now.

**myHappymind**: An innovative curriculum for primary schools to help them build resilient, balanced and happy minds at home and at school.

This curriculum is a preventative solution to the growing mental health crisis but also teaches children real coping strategies they can use right away they feel stressed.

Through myhappymind, children learn the science of how their brains work and how to look after their own mental wellbeing. They also learn how to understand and love their character strengths and celebrate diversity in others, how to be resilient in the face of setback, the value and importance of gratitude and how to set meaningful goals to give today’s children the skills they need to thrive in tomorrow’s world.

myHappymind also provides a free app for parents so that they can follow the journey of their child and the child can continue to engage in the exercises they have learnt at school, from home.

myHappymind is already being used my schools in Manchester with awesome results.


For more information or to request a demo, click the logo to go to the main website

**Health, Mental Health & Wellbeing: News, Reports & Publications Section**
Preventing Children and Young People’s Mental Health and Substance Use Problems

Education and awareness is paramount in preventing mental health and substance use issues. Adeps Mentor have created a briefing paper on this; click the logo to access it.

Visit the website for more resources, tools and publications to support the work you do with young people.

Childline Annual Report: ‘It Turned Out Someone Did Care’

Beyond Adversity: a new report from Young Minds focusing on the needs of vulnerable young people.

Young People’s Health and Wellbeing: report from the DfE

Are you worried about your child’s lack of self-esteem? Spot the signs

How to help children/your child if you think they have low self-esteem by Nick Harrop, media and campaigns manager at YoungMinds

Prevent: Radicalisation & Terrorism

FREE Education Resources to Tackle Extremism: Two New Film Resources Added

NSPCC Launch Radicalisation Helpline

The NSPCC has launched a helpline to support adults who have concerns about children and young people being radicalised or who need advice on how to talk to their children about issues related to terrorism. Click the NSPCC logo to access the helpline homepage

The service is free, anonymous and available 24/7: help@nspcc.org.uk - 0800 800 5000

Prevent Tragedies: A UK Police and Partners Initiative to Help Prevent People Getting Drawn into Violent Extremism and Terrorism

Prevent for FE and Training

All FE providers have a duty to safeguard their students, Prevent is about safeguarding students to keep them both safe and within the law. The Prevent Duty is not about preventing students from having political and religious views and concerns but about supporting them to use those concerns or act on them in non-extremist ways. Providers from across the sector will find resources here to support them in adopting the Prevent Duty. Prevent for FE and Training provides resources, information and training for staff as well as new modules added in relation to employers and subcontractors who deal with apprentices etc. Click the logo to access the homepage

Channel General Awareness E-Learning

Radicalisation awareness e-learning training for everyone; consider sending the link to staff and parents. Click the image to access the course page.

Report online terrorist material

Reporting illegal terrorist information is everyone’s duty in the fight against terrorism, the home office online reporting tool means your report will be treated anonymously. Click the logo to access the homepage
**Education helpline - Preventing extremism in schools and children's services**

If you are concerned about extremism in a school or organisation that works with children, or if you think a child might be at risk of extremism, contact the helpline for advice and support.

Email counter.extremism@education.gsi.gov.uk or call 020 7340 7264 - Mon to Fri 9 - 6pm (exc. bank holidays)

**Safeguarding: Resources, Articles and Publications**

**Bright Futures Personal Safety App:** New Information app for young people and parents

Bright Futures and Northumbria Police have developed an App to provide a range of information, advice and sources of support for children, young people and parents around:

- Substance misuse and former legal highs
- Confidence and self-esteem
- Mental health and self-harm
- Healthy relationships
- Grooming
- Online and e-safety
- Consent
- Exploitation

The App can be downloaded FREE by simply clicking the following links:


‘Stay Switched On’

Animation by Barnardos giving young people practical travel advice to keep safe.

Click the logo to access the film

**Support for Children who Have Experienced Crime**

Children and young people can experience significant levels of crime and victimisation during their childhood and adolescence, such as being mugged and having their mobile phone stolen. Research shows that most children struggle when talking to adults about these experiences, may be because children don’t realise they have been a victim of crime, they don’t want to upset adults around them or they are frightened of any repercussions. This article gives advice to what parents can do to help; Click the logo to read the article.

**Sex and Relationships**

**Preventing child abuse and violence in teenage relationships**

Dare 2 Care and has published an action plan, written by Sarah Champion (MP for Rotherham) on preventing child abuse and violence in teenage relationships.

Key recommendations include: compulsory, age-appropriate resilience and relationships education should be implemented from Key Stage 1; a public health campaign should be launched to educate parents, teachers and communities on recognising and tackling exploitation and abuse; every frontline professional who comes into contact with a child must be equipped to spot the signs of abuse and know how to respond effectively. Click the D2C logo to access the plan

**Free Resource Aimed At Preventing Relationship Abuse**

The Disrespect NoBody campaign builds on the Government’s previous ‘This is Abuse campaign’, adding relationship abuse to the resource topics.

**Sex & Relationships: News, Reports & Publications Section**

‘Widespread’ sexual harassment and violence in schools must be tackled

Click the parliament logo to access the full article and all reports
**Awareness Dates & Events 2016 - 2017**

**2016**

**December**
- 1\(^{st}\) - World Aids Day
- 1\(^{st}\) – 7\(^{th}\) - Anger Awareness Week
- 10\(^{th}\) – Human Rights Day

**2017**

**January**
- 4\(^{th}\) - World Braille Day

**February**
- 7\(^{th}\) - Safer Internet Day
- 22\(^{nd}\) - World Thinking Day

**March**
- 1\(^{st}\) - Self Harm Day
- Women’s History Month

**Local Events, Training & Opportunities**

**Free Presentations for Teachers and Professionals**

Through her freelance work, Stacey has produced some presentations which she would like to share for you to use in your work with young people; if you have any questions about the resources or would Stacey’s support to deliver them, feel free to contact her at [www.staceymillerconsultancy.co.uk](http://www.staceymillerconsultancy.co.uk)

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<thead>
<tr>
<th>Dealing with Stress</th>
<th>Mental Health Awareness</th>
<th>The Truth about Booze</th>
<th>Drug Awareness</th>
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"**Cultivating Belief to Enable Change**"

Gethin Jones has 100 free spaces for his keynote speech "Cultivating Belief to Enable Change." This talk takes you on an emotional journey that will resonate with ‘who you are as a human being' and give you an opportunity to reflect on where you are within your own life and how your interactions can impact on those around you.

This event will take place on **Monday 9\(^{th}\) January**, 7.30pm to 9pm, John Pounds Centre, 23 Queen St, Portsmouth, Hants, PO1 3HN. Click here to book your place: [follow link](http://follow.link)

Find out more about Gethin and the services he provides at [www.unlockingthepotential.co.uk](http://www.unlockingthepotential.co.uk)

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**Early Years Conference, 7\(^{th}\) February 2017**

**Govconnect Early Years - Children’s Health, Transition to Transformation** conference at the Royal Society of Medicine, London.

Click the image to view the agenda or [click here to register](#)
Southampton Training and workshops
Please e-mail to find out more or book your place: localsafeguarding.board@southampton.gov.uk

We have spaces on the following training.....

Don’t miss these FREE Half Day Workshops, with a range of presenters and topics in a multi-agency learning environment.

Please book and come along to as many as relevant to you. Please cascade this flyer to all your colleagues.

Please use the online Workforce Development booking form to request your place.

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<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
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<tr>
<td>8th December 2016</td>
<td>Child Sexual Exploitation</td>
<td>This half day workshop will give practitioners the chance to develop their knowledge on how to identify possible Child Sexual Exploitation and how to use a Sexual Exploitation Risk Assessment Form (SERAf).</td>
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<tr>
<td>9th January 2017</td>
<td>An introduction to Neglect</td>
<td>The workshop will be an introduction to the signs and symptoms of neglect.</td>
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|                    | Mental Health First Aid                         | An Interactive 2 hour workshop with Southampton Acute Mental Health Team to explore mental health crises. What does this mean? What does this look like? How to respond to someone experiencing a mental health crisis and local mental health services role in working with crisis. The workshop will include examples and stories from people with lived experience and a session on formulating a ‘My Crisis Plan’.
|                    | Youth Justice in Southampton                    | The workshop will cover:                                                                  |
|                    | 09.12.16 (friday)                               | • What we are doing in Southampton to improve youth justice outcomes for young people. We cover the work of the Youth Offending Service and partners to reduce: the number of young people entering the criminal justice system, the number of young people re-offending, the number receiving custodial sentences. |
|                    | Nicola Chaney (Southern Health)                 | • An introduction to Restorative Practice: What RP is, how it is used in different areas of work (the Southampton Restorative Practice in Schools Project), implications for practice. |
|                    | Civic Centre, Conference Room 3                 | • Awareness raising around serious youth crime. This covers young people’s involvement in drug distribution, gang or groups and/or serious violent crime. We cover behaviours/situations of concern and what to do if you suspect a young person is involved. |
|                    | 12pm – 2pm                                      |                                                                                             |

If you do not wish to receive future editions of our Safer Schools and Partners Newsletter, please click here to let us know.