We welcome you to our first newsletter of 2017; apologies for the delay which was intentional for including an article on the launch of our ‘Wildfire’ Campaign on Safer Internet Day last week. Please read the Hants News section to find out more.

As always, we thank you for all the positive feedback and support, it is wonderful to hear how you are using it in the work you do; we hope you find this edition as interesting, valuable and supportive.

Remember, this newsletter is intended to benefit us all; you are welcome to send anything you’d like to see featured in future editions, the next one being April 2017 - click here to contact us.

Thank you for your ongoing support working in partnership with us to keep children and young people in Hampshire and the Isle of Wight safe and informed.

The Strategic Partnership Team

Contents

Topics covered in the newsletter are listed below for reference.

Hants Police News is a regular feature to showcase the work we are doing with young people, schools and partners. Other sections provide a host of resources, articles, and publications to support and inform you in the work with young people and their families.

Hants Police News
Anti-Bullying
British Values: Law & Rights
Child Sexual Exploitation & Abuse
Cyber Safety
Health, MH & Wellbeing

Looked After Children
Prevent
Safeguarding
Sex & Relationships
Local Events, Training & Opportunities
National Awareness Dates

IMPORTANT NOTICE FOR Safe4me USERS: Change to the website........

Until now, Safe4me existed within the framework of the Hampshire Constabulary corporate website but this about to change.

The constabulary will be launching a new corporate website for the public to access for information and advice, this will not be compatible with the current Safe4me education resource library; as such, Safe4me will be moving to a separate microsite of its own with the domain name of www.safe4me.co.uk

The new and hugely improved site is planned for launch April 2017.
As well as an improved library of resources for schools, colleges and partners, the new site will provide new features such as additional pages specifically for parents/carers and young people.

From March 13th 2017, your original link will no longer work, please access Safe4me via the www.safe4me.co.uk which will take you directly to the resources whilst we develop the new site.

We thank you for patience whilst we carry out this work; if you have any questions, or any suggestions for the new site, please contact us by clicking here

Police Apprentice Competition Winners Robert May’s, launch ‘Wildfire’ on Safer Internet Day 2017. Many of you will know from previous newsletters and local media cover that Robert May’s School were the winners of our Police Apprentice Competition to design a peer to peer campaign to tackle the issue of sexting among young people.
Their idea was selected in November last year by a panel of expert judges from organisations including the NSPCC, the National Crime Agency (NCA)’s CEOP command, the Office of the Police and Crime Commissioner’s (OPCC) Youth Commission, a BAFTA award-winning computer game designer Gordon Ross, and Hampshire Constabulary’s Deputy Chief Constable Sara Glen.

Watch the Police Apprentice final event short film: https://www.youtube.com/watch?v=Ps3JULOOALg

Students Katherine Bowditch, Annabel Main, Alfie Payne, Chyanne Cox, Charlie Applin and Anna Driver produced an animation warning how one young girl's nude picture can spread like a ‘wildfire’ once sent to someone else; aptly named ‘Wildfire’, the film depicts the sending a nude picture as the stages of a fire: Spark - Blaze - Ashes.

The animation includes a message of support for young people, both male and female, to speak with someone they trust to seek help if they face a situation where they’re asked to send a naked picture; also available a British Sign Language (BSL) version.

Click the Wildfire Logo to watch the film or copy link https://www.youtube.com/watch?v=xgxCryoJ5es
Click here to watch the BSL version or copy link https://www.youtube.com/watch?v=uaRNjcdSMSI

On February 7, Safer Internet Day, we held a launch event at Hart District Council for the pupils to premiere their Wildfire; opened by Inspector Lisa Stevens, the event was covered on our social media channels, including snapchat and Instagram; attended by the media, Councillor Kennett from Hart District Council, Head of Robert May’s Joanna West, District Commander Deborah Brooks and some very proud parents and police staff!!!!

Hampshire Constabulary is working to adapt the contents and messages from the film into education materials for schools to increase understanding of the law and consequences involving the sharing of nude pictures online.

Robert May’s and 9 other nominated schools will receive a visit from the Hampshire Police ‘Is it worth it?’ roadshow which goes on tour 27th

February to the 3rd March 2017 to mark the launch of Wildfire; a sexting awareness education show provided by renowned national youth projects agency Amelix.

Media coverage of the film………
- Basingstoke Observer: http://www.basingstokeobserver.co.uk/school-kids-voice-sexting-warning

Everyone involved in this project is proud of the dedication and commitment by the students in producing this film, to set a positive example for other young people.

Hampshire Constabulary would like to express thanks to everyone involved in the planning and successful production of the Police Apprentice sexting prevention campaign competition, final event and launch.

Are you holding any events or activities for young people in 2017? Would you like to promote Wildfire?
If you would like us to explore the potential for our policing teams to attend your event/activity with our Wildfire Campaign to raise awareness of the consequences of ‘sexting’ to young people, let us know when and where…
Send us a message and we will get in touch - click here
Ending Gang Violence, Exploitation and Drug Supply: ‘County Lines’

HM Government  We would like to bring to your attention a strand of the cross-government strategy called County lines which addresses the growing practice of gangs to exploit vulnerable children and adults at risk of abuse (including those with mental illness or learning disabilities) in order to facilitate the running of street level drug dealing and to spread their networks out across the country from London and other large conurbations.

Whilst much of the activity will, of course, concern policing, the action plan will also address what needs to be done to “raise awareness and develop resilience” across key sectors – which include the “Health sector including mental health services, adult safeguarding, emergency departments and sexual health clinics”.

Please click to read the National Crime Agency’s (NCA) 2nd assessment of county lines (17/11/16).

The importance of agencies sharing information

Community Partnership Information Form: If you have concerns about a young person at risk from either being missing, exploited or trafficked, Hampshire Police would like to know; we ask for the support of partners to assist with giving any information they have which will help us safeguard young people across Hampshire and the Isle of Wight and tackle associated crime.

Please submit any non-urgent information on the Community Partnership Information form and help us to keep these young people safe. Click here to access the form

If a child is in immediate danger, please call 999

We Need Your Support!! We are seeking support from schools and partners with a youth focussed digital communication project we have underway

Hampshire Alerts: a free community information messaging system which you can sign up to, choosing specific information you want to receive in relation to where you live, work, go to school/college or for specific communities of interest – users can also choose to receive alerts by either email, text or phone message to ensure a service personal to you.

Hampshire Alert is nothing like Facebook, Twitter or any other social media site… it is not a form on social media!! All the information is kept secure and private, no need to set up a social page or add pictures. Once registered, members only need to log into the system to update their details or preference filters. Alerts will be sent to their chosen email or phone number.

What do we use it for? Primarily, we use it to send out awareness/warnings, engagement events, crime prevention advice, appeals, opportunities and general good news…. pretty much anything that would be included in a local policing newsletter!!

It’s what young people want: Consultation with young people tells us that this is how they prefer to receive information from the police – not through social media (don’t want to be seen to follow the police).

In response to this, we have recently had an option specifically for 11-15 years age group, added to Hants Alert, which until now started from 16 yrs. So now we need to build up the community base…….

What we plan to use it for:

• Distribute ‘Youth News’ – our e-newsletter for 11-17yrs
• Inform young people of opportunities such as cadets and other voluntary roles
• Option to contribute to surveys and youth focus groups – digital consultation
• Crime prevention advice to keep them safe and vigilant
• Awareness of national and local events
• Information about services and support

How can you help? We need access to young people 11 -15 years to begin generating a community we can contact and engage with. We will soon be tasking local neighbourhood teams to approach schools, youth groups and to hold community events to promote sign-up.

With a captive audience, we are keen to explore schools supporting us to establish this beneficial tool; we are keen to find out your views, concerns and suggestions as to how we can work together to keep young people sage and informed.

Would you like to discuss supporting this project? If so, we would like to hear from you!!
Click here to register your interest and we will be in touch. To find out more about Hampshire Alert, click the logo above.

**Hampshire Police School Education and Youth Engagement Initiatives:** supporting schools, colleges & youth groups with education initiatives and resources to keep young people safe and informed.

**Police Apprentice**

An interactive problem solving initiative led by young people, which tasks them to design ways to communicate key safety messages to their peers on a range of safety issues. The peer-to-peer approach recognises young people as credible experts to create appealing ways to send out safety messages that youth audiences will listen to.

This police engagement is suitable for all ages, offering both primary and secondary/Post16 options. Police Apprentice was used for our county Sexting Prevention Campaign Competition as well as being available for general school and youth engagement locally. Click the links to see some other examples:

- Sparsholt College on CSE
- Dove House School on Internet Safety
- St. Edmunds on Cyber Bullying

**YOUTH NEWS:** A regular newsletter for 11-17yrs which provides information, advice and opportunities for young people. Sign up to receive this and circulate to your pupils, students and youth networks.

**Events and Conferences:** Our team are keen to attend events, conferences and forums to inform staff or delegates of the support and services provided by Hampshire Constabulary regarding safeguarding, education and engagement.

**Contact us:** If you’d like access to the Safe4me education resources, discuss running Police Apprentice in your school, college, youth group or corporate establishment, subscribe to our newsletters, or request a presentation/attendance from one of our team, contact us at: schoolyouthengagement@hampshire.pnn.police.uk

**Hampshire Constabulary Strategy for Children and Young People**

Click the strategy image to access the full document; content explains the focus and aims of Hampshire Constabulary’s work to safeguard children and young people.

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**The Hampshire & IOW Youth Commission Are Recruiting:** Are your pupils, students and youth networks aware of this opportunity!!

The Youth Commission is a brilliant opportunity for young people to gain new knowledge, skills and experiences, and have their say on crime and policing issues that matter most to them. The Youth Commission enables young people to support, challenge and voice young people’s opinions from across Hampshire and the Isle of Wight, to help shape decisions about policing and crime. **The closing date for applications is 5th March 2017**

Click the YC logo to visit the website for more details and to apply.

**Youth Commission Recommendations Conference March 25th 2017**

If you haven’t already, sign up to attend The Youth Commission Recommendations Conference to hear about the work they have done to support this year’s youth commission priorities:

- Relationships with Authorities
- Mental Health
- Substance Misuse
- Cyber Safety

Each youth organisation has 2 places allocated for young people to attend alongside your representative; click here to find out more and book your place.
Have You Got Your Christmas Gadgets & Gifts Registered?

Although Christmas seems an age away now, we want to take this opportunity to remind you register your gifts and gadgets on the national property register Immobilise.

**Immobilise** is a national property ownership database for people to register their property through in the hope that if it is unfortunately lost or stolen and comes into the hands of police, their property will be returned to them. The police will search lost or stolen property via a dedicated portal for records relating to any identifiable piece of property. Immobilise is just one of the databases that feeds into this portal.

The Immobilise service is housed on its own dedicated servers which are kept in a secure environment with state of the art physical security similar to those used by bank; data is also protected with state of the art firewalls and anti-hacking software to protect against online threats. Data transmissions between registering computers and the servers are also all encrypted using SSL encryption.

As a direct result of Immobilise, hundreds of cases a week result in property being returned to its owner or information collected that assists the Police in investigating criminal activity involving stolen goods.

- It's free to register
- Added benefits include the combating of the sale of stolen gadgets & valuables by alerting the second-hand trade & publicly checkable stolen goods database.
- Simplify insurance claims and Police reports with certificates of ownership.

To find out more and set up an account visit: [https://www.immobilise.com](https://www.immobilise.com)

Forward this information to young people and even your family and friends.

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**Help needed from primary schools to pilot ‘Clever Never Goes’: a new alternative to ‘stranger danger’**

**Clever Never Goes** is a new campaign developed by UK charity Action Against Abduction to keep children safe.

By starting at an early age – both at school and at home – the programme aims to give children the skills and confidence to keep themselves safe as they get older and are given more independence.

**Clever Never Goes** has been developed to replace the out-dated ‘stranger danger’ approach that is still commonly taught in schools and homes across the UK.

Geoff Newiss, Chief Executive of Action Against Abduction explains:

> This approach is designed to give parents and teachers a new set of words and a positive framework to talk to children about a sensitive topic. Removing strangers from the conversation takes away a lot of the fear and confusion. It’s about building children’s confidence so that they can engage with the outside world rather than retreat from it, and giving them essential life skills to detect danger and take action when needed.

Action Against Abduction has been working with Crofton Hammond Infant School in Stubbington and London-based creative agency Cubo to develop **Clever Never Goes.** New lesson plans with a series of activities and learning resources have been trialled with two classes of year 2 children. Information has been made available to parents to help them reinforce the message at home. The response has been overwhelmingly positive.

Action Against Abduction is seeking schools (KS1) to participate in the pilot of the project before the end of May 2017. To register your interest in participating please email [support@actionagainstabduction.org](mailto:support@actionagainstabduction.org)

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**Hampshire Fire and Rescue Service FireEd Team**

Formerly Schools Education Team, Hampshire Fire and Rescue Service’s (HFRS) have been visiting schools since 1996 and are still providing support for schools through visits relevant to all key stages about fire and road safety.

To find out more or to contact the education team, [click the HFRS logo](#) to access their flyer.
**Anti-Bullying**

**Childline Launch Self-help tool for bullying**  
Childline has launched an online self-help tool for young people experiencing bullying. ‘Bounce back from bullying’ aims to help them:

- understand whether what they are experiencing is bullying;
- build their resilience;
- gain help and support from counsellors.

The tool asks questions about different aspects of bullying, and gives young people the tools they need, based on their answers, to build confidence and seek support.

Click the logo to visit the website and pass this to your networks of young people.

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**‘How can the police help you?’ - Internet Matters launch video supported by Hampshire Chief Constable Olivia Pinkney**

Hampshire Constabulary has backed a new national campaign aimed at providing reliable and reassuring advice, to parents whose children are affected by cyberbullying. Led by ‘Internet Matters’, the campaign sees the launch of online content to communicate information and guidance to parents of children aged between 9 - 16 yrs. This includes a video recorded by Hampshire Constabulary Chief Constable Olivia Pinkney in her role as the National Police Chiefs’ Council’s (NPCC) lead for Children and Young People.

Click the Internet Matters logo to view the video or visit the [Internet Matters website](http://internetmatters.org) for more resources and information.

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**British Values**

**New website funded by The Queens Trust helps children and young people access and understand the law and their rights**

Lawstuff is an interactive new website from Coram Children’s Legal Centre’s Young people who have specific enquiries which are not covered on the Lawstuff site can go to [www.childlawadvice.org.uk](http://www.childlawadvice.org.uk) to find relevant contact details. Child Law Advice Service, launched on January 6th 2017, the site is set up to help children and young people find out about the law and their rights in the following areas:

- Online safety
- Police and Law
- Children’s Services
- Education
- Not from the UK
- Home and Family
- At what age can I?
- Abuse and bullying
- Sex health and drugs
- My rights

The site is easy to navigate and understand and will be updated regularly to ensure that all information reflects any changes to the law affecting children’s rights. A pop up glossary has been added to the website to help explain complex legal terms.

The website also hosts the popular publication ‘At what age can I?’ so young people can find out what activities they can do at certain ages such as:

- “When can I learn to drive?”
- “When can I babysit?”
- “When can I leave home?”

Gemma Smith Manager of the Child Law Advice Service (CLAS) said: “it is extremely important that children and young people know that they have rights which are respected and protected in law. Knowing that they have rights can boost a child or young person’s confidence. It lets them know that they are valued whilst also helping them to respect the rights of others.”

Click the logo to access the site and where possible make this available to pupils and young people.
Fixers provide over 1,000 short peer films to help young people raise awareness of issues affecting them: using their past to fix the future, young people motivated by personal experience, make short films to make positive change for themselves and those around them.

Having won The Queens Award, among many others, Fixers help young people create films to be used as resources to support discussions and lessons and are available on just about every topic!!

Based in Winchester, Fixers produce films local to Hampshire; we recently supported a project in Havant, Chanelle Hopkins produced a ‘fix’ about CSE.

Click here to find out more and watch the film

Click the Fixers logo to find out more about Fixers and how young people you work with could get involved – take a look at the many films you could use in your work with young people!!

Providing Videos, Lesson Plans & Assemblies for RE, PSHE & Citizenship

TrueTube is an award-winning website for schools that provides videos, lesson plans and assembly scripts for RE, PSHE and Citizenship at Key Stages 3 & 4.

TrueTube was launched to encourage young people to make films about dealing with the issues they cared about. As the library of films grew, the purpose of the site evolved to include lesson plans and assembly plans to help teachers use our films in the classroom. Today TrueTube hosts hundreds of resources, supporting thousands of students each year on topics including:

- Global
- The Earth
- Relationships
- Culture
- Society
- Ethics and Religion
- Jobs and Money
- Crime
- hidden theme
- Body and Health
- Teacher Toolbox

Recently launched ‘Like Me’ cyberbullying film

The film imagines the internet as a stage with an infinite audience. School’s over, and Sophia is straight online to share gossip with her friends. Then someone shares too much, and the audience turns nasty. The film gives you plenty to talk about with your students: issues of self-image, bullying, FOMO (that’s Fear Of Missing Out), online privacy and the importance of good one-to-one relationships

Click here to watch the film or Click the TT logo to visit the homepage

Child Sexual Exploitation & Sexual Abuse

National CSE awareness Day – 18th March 2017: http://www.stop-cse.org/

Ariel Trust to launch ‘Safe Skills’ to help develop young people’s awareness of CSE

Safe Skills’ Child Sexual Exploitation School Resource is a new preventative education resource which aims to improve the safety of young people in relation to the risks associated with grooming.

Ariel Trust have developed the resource through consultation with various agencies, such as NSPCC and Liverpool’s ‘Protect’ team and consulted a variety of teachers to ensure the resource is age appropriate and the lessons support both the teachers and pupil’s needs.

The resource consists of three modules, includes short films and interactive activities which are designed to promote discussion. Click the logo to find out more or contact safeskills@arieltrust.com

Child Abuse Review: Digital technology and child protection

Child Abuse Review has published a special issue covering digital technology, child abuse and child protection.

Articles include a review of the role of technology in managing people who have been convicted of internet child abuse images offences, written by Claire Lilley, the NSPCC’s Head of child safety online, and the University of Bedfordshire.
Findings include: the technologically enabled management strategies outlined in the article each have features which might contribute to the management of internet child sex offenders, but none have yet been proven or disproven to be effective. **Further information click the NSPCC logo**

**Links to valuable resources and information provided by the NSPCC**

**NSPCC Schools Service Brochure**: provides a summary of all the work NSPCC do in schools so you can ensure yours is making the most of the products, services and resources they offer.

**NSPCC Keeping Children Safe Online Course** CEOP have launched an updated 2016 version of the NSPCC e-learning course Keeping Children Safe Online.

**The Underwear Rule - Talk Pants**: find out more about getting the free PANTS resources including lesson plan, slide presentation, curriculum links, classroom activities, advice sheets and more

**Speak out Stay Safe Programme**: formerly Childline Schools Service. For children age 5-11to stay safe from abuse and neglect through lively, interactive assemblies and workshops.

**NSPCC Safeguarding in Education Self-Assessment Tool (ESAT)**: helps audit your school’s current safeguarding arrangements, support you to make any changes and identify areas for development.

**Safeguarding in Education Updates**: Receive the latest education practice, policy and research news by subscribing to the NSPCC monthly Safeguarding in Education Update.

**Sign up to E-safety Support for new ‘free’ CSE resources for schools**

Includes a range of CES resources, training materials and a CSE Checklist for schools to download. **Click the logo** to go to the sign-up page.

**Could you spot the signs of Child Sexual Abuse?** [See and Heard](#) interactive eLearning course. **Click the logo** to find out more

**#CSE HelpMe and Alice’s Diary**: Hampshire Constabulary’s campaign to raise awareness of the signs of CSE to parents, young people, teachers, social workers, and others working with potential victims of CSE.

As part of the campaign Alice’s Diary blog was also launched; written by 15-year-old ‘Alice’, her friends, family and teachers goes into detail about how CSE happens and can be identified by those around her. A hashtag of #CSEHelpMe is also being used to promote the campaign across the force Facebook and Twitter accounts. **Click here to download the artwork posters and find out more about the campaign**

"**Know the Signs - Emma's Story**” A victim’s perspective of Child Sexual Exploitation. Filmed by West Yorkshire Police with pupils from Airedale Academy "Emma’s Story" shows a victim’s perspective of CSE and aims to highlight the signs to anyone who may be at risk. **Click the image to access the film**

**Cyber Safety**

**APPS TO BE AWARE OF…:**

**MyLOL**: concerns raised this app is being used by sexual predators

Advice from the National Crime Agency states: *“We strongly advise that schools and parents talk to children about this app and advise them to delete the app and block the website.”*

A school has sent out a warning to parents following concerns a teenage dating app is being used by sinister predators. Alder Community High School in Hyde posted the alert on its Facebook page over concerns about MyLOL.

The warning came after members of the public raised concerns over the app. On further investigation, school bosses found *the app is being used for inappropriate activities against young people*.
On its website, MyLOL claims itself to be the '#1 teen dating site in the US, Australia, UK and Canada' and claims to have more than 300,000 members around the world.

It invites users to meet ‘thousands of teenagers like you’ and then goes on to describe how users can ‘chat with members or privately with someone.’ Teens are encouraged to update a profile and share pictures.

This is the MyLOL logo to look for...

It’s not the first-time concerns have been raised about dating apps aimed at young people. Back in November, the NSPCC warned against new app Yellow, labelled ‘Tinder for teens’, which could be used by predators to groom youngsters.

Like Tinder, Yellow allows its users to swipe right and left to either ‘like’ or ‘pass’ another user, and if there’s a match, they can begin chatting.

A spokesman for NSPCC said: “Any app that allows strangers to send photos to children or vice versa is troubling – particularly where the images being exchanged are of a sexual nature. Yellow’s settings enable adults to view children, through a service blatantly aimed at flirting and relationships, also creates an opportunity for sexual predators to target young people. “This needs to be urgently addressed.”

We raised concern in our May ‘16 newsletter about Tinder allowing U18s to join. Musical.ly is increasingly coming to our and other forces attention - receiving reports of incidents involving Musical.ly. It certainly appears to be an application that undesirables are looking to exploit as they are aware that the main users are children aged 8 – 12 years old.

An example of a known incident: an 8 yr old posted over 800 videos of herself dancing around in her nightie…. you can imagine how many friend requests and requests for more images for this case generated!

Thankfully, Musical.ly are very co-operative with properly channelled law enforcement requests for information about ‘suspect users’, which of course aids our investigations tremendously.

As with most things relating to online usage - it’s not the apps/sites that is the problem but the ignorance of where and what it potentially could lead too.

We must educate our young people that they must learn how to police the sites themselves and be aware of the dangers that run alongside. They must fully understand who they can turn to when they need help and guidance. In relation to parents and carers again we must all do our bit in encouraging them to take an interest and responsibility in what their children are doing whilst on line.

Leicestershire Police Film ‘Kayleigh’s Love Story’ warns about the dangers of online grooming

Leicestershire Police made this film to raise awareness of the dangers of online grooming publicly available. Based on the story of teenager Kayleigh Haywood, the film highlights how quickly and easily children can be groomed online without them or those around them knowing it is happening.

It has been shown to schoolchildren aged 11 and above in Leicester, Leicestershire and Rutland in controlled screenings by specially trained officers.

Kayleigh’s love story is available to watch online in eight different versions, including a signed version, and audio described version and versions translated into five languages.

Further information: Kayleigh’s love story
Audio described - Kayleigh’s love story
BSL and subtitles - Kayleigh’s love story
Gujarati - Kayleigh’s love story
Hindi - Kayleigh’s love story
Polish - Kayleigh’s love story
Punjabi - Kayleigh’s love story
Urdu - Kayleigh’s love story

Barnardo’s has published research looking at online grooming.

Findings from a survey of five Barnardo’s sexual exploitation services across the UK include:
42% of the 702 children supported in the last six months had been groomed online;
61% of these who met the perpetrator and were sexually exploited;
Almost half of children groomed online were exploited by more than one perpetrator.

Click the link to access the Barnardo's survey on online grooming (PDF)

Childnet launches ‘Crossing the Line’: a toolkit to reflect on online behaviour
The ‘Crossing the Line’ PSHE education toolkit encourages young people to reflect on their online behaviour, whilst also equipping them with the knowledge of how to respond to online safety issues, report any concerns and make positive choices.

‘Crossing the Line’ is free to download and has been created by internet safety charity Childnet as part of their role as the UK Safer Internet Centre.
The toolkit contains a series of films and accompanying lesson plans, and has achieved the PSHE Association Quality Mark for PSHE resources and will help teachers cover four key areas:

- Cyberbullying
- Sexting
- Peer pressure
- Self-esteem

Although aimed at key stage 3 pupils, the teaching materials can easily be tailored to meet the needs of key stage 4. In addition, there are some activities which may be suitable for upper key stage 2.

Click the Childnet logo to download the toolkit

Safer Internet Day Study by BT shows 5.4 million parents unsure about kids’ online slang
85% of adults can't identify some abrvs or emojis used by children regularly. Popular online slang and emojis used by children to communicate with friends may as well be a foreign language to most parents, according to a study conducted by BT.

In an online poll taken by over 4,500 adults to raise awareness of Safer Internet Day, the majority were not able to translate the real meaning of phrases such as MIA, KMS and the cryptic “99”.

To help parents understand more, BT have devised a quiz for parents – click here to access the quiz

Click here to find out the TOP 10 APPS that parents need to know about

Click the BT logo to read the full report

Sexting Information & Resources

Common sense police approach to investigating sexting among under-18s
The College of Policing has published a briefing note which aims to help officers to respond in a proportionate way to reports of under 18-year-olds possessing, sharing or generating indecent imagery of themselves or other children – often referred to as sexting. Click the logo to access the full document

Visit the NPCC website for more information

South West Grid for Learning & UK Safer Internet Centre Infographic checklist
‘So You Got Naked Online’ Toolkit from the SWGFL Advice for children, young people and parent’s to support issues resulting from sexting incidents
UK Council for Child Internet Safety Education Group (UKCCIS) toolkit
Sexting in schools and colleges: Responding to incidents and safeguarding young people
Keeping Children Safe in Education statutory guidance
Searching, Screening and Confiscation non-statutory advice
Childline gets a makeover as NSPCC launches new #Listentoyourselfie

Funded by BBC Children in Need, 'Listen to your Selfie' aims to teach young people about online sexual abuse, what constitutes a healthy relationship, and to recognise signs they are being manipulated, controlled or exploited so they feel empowered to make their own decisions or choices and speak up if they feel worried or scared about a situation or relationship.

The campaign is centered on two films where selfies 'come to life' and question the situation:

- **The Game**: focuses on a same-sex online grooming scenario
- **The Party**: highlights peer-to-peer sexual pressure and grooming

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**CEOP Play Like Share resource for 8-10 yrs**

Three-episode animated series and accompanying resource pack aims to help eight-to-ten year olds learn how to stay safe from sexual abuse, exploitation and other risks they might encounter online such as sharing content.

Click the picture to access the trailers and find out more

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**The CEOP Command's Thinkuknow programme**: Is your school registered?

Provides resources, training and support for professionals who work directly with children and young people. Films, learning activities and other resources are developed in response to intelligence from child protection experts within the CEOP Command.

They are designed to help children and young people keep themselves safe from sexual abuse and exploitation by developing skills in identifying and avoiding risk, learning how best to protect themselves and their friends, and knowing how to get support and report abuse if they do encounter difficulties.

A wide range of resources for use with parents and carers are also available.

All resources are downloadable for FREE once users have registered to the site.

You can also download their report on effective practice in prevention education, produced in partnership with the PSHE Association.

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**Apps for Teachers and Education**: peer-to-peer reviews of apps being used by schools

E-safety Support report to be regularly contacted by schools who want to know a little more about a new app they are investigating for their school. Very often, these enquiries relate less to the features of the app, but more about how other schools are using them, how they are helping within the setting and what (if any) have been the snags.

They know that there is a vast array of knowledge and 'on the ground' experience about many apps and urge users to share their experiences with fellow teachers – E-safety Support want to provide a useful arena for teachers to share their comments, allowing others to evaluate the feedback and help them decide if the app is for them. Click the logo to find out more and read a review about a US app called ClassDojo

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**Update: E-safety Support Safer Internet Day Competition Winners**

E-safety support ran a competition to mark Safer Internet Day 2017, the challenge was for schools to come up with their own e-safety slogan through an acronym of the words UNITE and CHANGE… congratulations to all winners with some fantastic acronyms we can use in our work including:

- **CHANGE**
  - Connect Happily And Never Get E-angry!
  - Cyberbullying Has Achieved Nothing: Get Educated

- **UNITE**
  - Unfriend Negative Influences: Try Engaging
  - Unite: Never Interact To Embarrass

To read more, click here to visit the competition news page

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**Other resources from E-safety Support**

**Latest E-Safety News Articles**: articles on topics including children being forced to watch violence online, sexting, sextortion, online hate.
FREE online resources and support from E-Safety Support!! E-Safety Support is an online service that offers everything schools need to deliver consistent, outstanding e-safety practice which meet Ofsted requirements to help keep pupils & staff safe online.

**Free E-safety Wall Planner 2016/17**: This is an ideal tool for planning your e-safety activities throughout the year. E-safety Support offers suggestions on how the resources can be used throughout the year as well as having space for you to insert your own activities, also highlighting some of the key e-safety events throughout the year.

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**OVER 800,000 COPIES OF DIGITAL PARENTING MAGAZINE SENT OUT!**
A printable and downloadable online version is now available too. As always, the magazine is completely free and you can order as many as you need for your school (min. 50). **Click the magazine image** to place your order.

**Other valuable resources to help you in your work**

**FREE online safety skills audit tool for schools and professionals**: A free audit tool to help identify skills gaps in your setting; designed for use with all teaching and support staff to enable you to gain a clear picture of your training and development needs in online safety and digital safeguarding.

**FREE online course for parents and carers: 'Resilient Families'**: A free online course to help parents and carers get to grips with the things they really worry about when their children go online; topics include radicalisation and extremism, cyber-bullying and sexting.

**Information for parents & professionals about common apps and gaming sites**
Below are some of the most popular types of apps and websites for teens: texting, micro-blogging, self-destructing/secret, and chatting/meeting/dating. The more you know about these apps, the better you'll be able to communicate with young people about making safe choices.

**Texting apps**
- Kik Messenger
- ooVoo
- WhatsApp

**Self-Destructing/Secret apps**
- Secret - Speak Freely
- Snapchat
- Whisper
- Yik Yak

**Micro-blogging apps and sites**
- Instagram
- Tumblr
- Twitter
- Vine

**Chatting, Meeting, Dating apps and sites**
- MeetMe
- Omegle
- Skout
- Tinder

**ask.fm**
**FIFA16**
**Instagram: what are the issues?**
**Making Snapchat work for you**

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**Professionals Online Safety Helpline**
**0844 381 4772 | helpline@saferinternet.org.uk**

The UK Safer Internet Centre has been funded by the European Commission to provide a Helpline for professionals who work with children and young people in the UK to provide support with all aspects of digital and online issues.

The call-centre is open Monday to Friday, 10am to 4pm and can be emailed at any time; emails will be responded to during their normal working hours. **Click the logo** to find out more.
Cyber: News, Reports & Publications Section

Cyber security lessons to be offered to schools in England

Generating mixed views, the government have announced plans to educate school children in England in cyber security lessons in a bid to find the experts of the future to defend the UK from attacks. It is hoped 5,700 pupils aged 14 and over will spend up to four hours a week on the subject in a five-year pilot. Classroom and online teaching, "real-world challenges" and work experience will be made available from September. Click the BBC logo to read the full article.

E-safety News Links

ESS provide a host of current news stories, keeping readers updated on a range of online issues and safeguarding concerns. Click the logo to read the latest articles

Health, Mental Health & Wellbeing

Be Real launches body confidence research and schools toolkit

BR has published research looking into how young people aged 11-16 yrs across the UK viewed their own bodies. Findings from a survey of 2,018 young people showed:

• 79% said how they look is important to them
• 52% of young people said that they often worry about the way they look, and girls were more likely to do so than boys (60% compared to 43%)
• 30% isolate themselves because of body image anxiety

Click here to access the full report

The Body Confidence Campaign Toolkit for Schools includes lesson guidance, advice and materials to help teachers educate their pupils on body image. Click the logo to access to resources

Youngminds "the voice for young people's mental health and wellbeing"

The Prime Minister recently announced a comprehensive plan to further the transformation of mental health services and support for children and young people. This includes specific key areas that will impact on schools:

▪ Every secondary school will receive mental health training and extra training for teachers in order to better support students experiencing mental health problems.
▪ Strengthening the links between schools and local NHS mental health staff.

Figures that might resonate with schools more than any other are that on average three children in every classroom will have a diagnosable mental health condition and more than 50% of all life time cases of mental health begin before the age of 14.

Every day, schools feel the impact. This also means that more than ever the case for prevention and early intervention needs to be made – to harness the resilience building assets available to schools and communities, and stop problems young people are facing from escalating, which would then reduce the demand on clinical services. Click the YoungMinds logo to find out more

Articles providing expert advice for parents which can also help professionals:

‘What to do if you discover that your child is self-harming’

‘How to recognise the signs that a negative body image has become a mental health condition’

Starfish Project – CAMHS ‘Do you want to get involved?’

Evidence shared by a recent DOH report "suicide by children and young people in England" (May 2016) states that on average 145 young people end their lives by suicide each year.
CAMHS in Hampshire are running a campaign between the September 10th 2016 and 2017 World suicide prevention days.

One part of the campaign is to use art, and in particular public art to express these messages. Various recent projects such as the poppy campaign have used public installations to raise awareness and promote pertinent messages.

CAMHS are seeking to work alongside schools and youth organisations and professional potters/ceramists to produce 145 clay starfish to represent the statistic as above and have these placed in public areas (yet to be identified and agreed) in September 2017 and remain in place for 1-2 weeks. The purpose is to raise awareness that episodes of crisis can affect anyone at any time but everyone can do their bit in raising awareness. Collectively we can make a difference.

In collaboration with Hampshire cultural trust, CAMHS will source a qualified and experienced potter to work with young people to produce the clay starfish. It is anticipated that 1 session of approximately 1.5 hours will be required to create and decorate the starfish. The costs will be covered and there is no financial expectation from those getting involved.

If you are interested in taking part and wish to discuss getting involved in this project, please contact Helen dove at hdove@nhs.net

Health, Mental Health & Wellbeing: News, Reports & Publications Section

The Prince's Trust publishes its annual Youth Index

The youth index looks at the views and outlooks of young people aged 16 to 25 in the UK. Findings from an online survey of 2,215 young people include: young people's wellbeing is at its lowest level since 2009; 48% of young people experienced problems during their school or college years; 45% did not believe in themselves when they were at school; and 46% didn't talk to anyone about their situation when experiencing problems. Click the logo to read full Youth Index 2017

Mental health problems in young people with learning disabilities

The National Institute for Health and Care Excellence (NICE) has published a quality standard on identifying and managing mental health problems in people with learning disabilities in England. Recommendations include: young people and adults with learning disabilities should have an annual health check that includes a review of mental health problems.

Further information click this link: Learning disabilities: identifying and managing mental health problems: quality standard

The lives of young carers

The Department for Education (DfE) has published research on the effect of caring on the lives of young carers in England. Key findings from a survey of the parents of young carers aged 5 to 17 and young carers aged 11 to 17 include:

- 78% of young carers were reported by their parents to be undertaking practical tasks as part of their caring responsibilities
- 19% of parents of young carers helping within the household reported that their child had received an assessment of the child’s needs by the local authority
- 64% were receiving no support, whether formal or informal

Further information click this link: The lives of young carers in England (PDF)
The lives of young carers in England: appendices to research report (PDF)

Looked After Children

Launch of Teenagers in Foster Care Handbook

The Rees Centre has published a handbook for foster carers summarising key points from research findings presented at the Teenagers in Foster Care seminars.

Areas covered include: attachment and foster care; the start of the placement; understanding the needs of young people; risk taking; sexuality and sexual health.
Children in care and online risk: advice for foster carers and corporate carers

Looked after children can be more vulnerable to approaches online from strangers; CEOP offers some tips on how to protect them – and how to help them learn how to protect themselves.

Click the logo to access the advice

Prevent: Radicalisation & Terrorism

FREE Education Resources to Tackle Extremism from Extreme Dialogue: Two New Film Resources Added

NSPCC Launch Radicalisation Helpline

The NSPCC has launched a helpline to support adults who have concerns about children and young people being radicalised or who need advice on how to talk to their children about issues related to terrorism. Click the NSPCC logo to access the helpline homepage

The service is free, anonymous and available 24/7: help@nspcc.org.uk - 0800 800 5000

Prevent Tragedies: A UK Police and Partners Initiative to Help Prevent People Getting Drawn into Violent Extremism and Terrorism

Prevent for FE and Training

All FE providers have a duty to safeguard their students, Prevent is about safeguarding students to keep them both safe and within the law. The Prevent Duty is not about preventing students from having political and religious views and concerns but about supporting them to use those concerns or act on them in non-extremist ways. Providers from across the sector will find resources here to support them in adopting the Prevent Duty. Prevent for FE and Training provides resources, information and training for staff as well as new modules added in relation to employers and subcontractors who deal with apprentices etc. Click the logo to access the homepage

Channel General Awareness E-Learning

Radicalisation awareness e-learning training for everyone; consider sending the link to staff and parents. Click the image to access the course page.

Report online terrorist material

Reporting illegal terrorist information is everyone’s duty in the fight against terrorism, the home office online reporting tool means your report will be treated anonymously. Click the logo to access the homepage

Education helpline - Preventing extremism in schools and children’s services

If you are concerned about extremism in a school or organisation that works with children, or if you think a child might be at risk of extremism, contact the helpline for advice and support.

Email counter.extremism@education.gsi.gov.uk or call 020 7340 7264 - Mon to Fri 9 - 6pm (exc. bank holidays)

Safeguarding: Resources, Articles and Publications
DIARY DATE: Child Safety Week 5-11 June 2017

For access to free resources including the Child Safety Week action pack, poster, competitions, quizzes and more... Simply fill in your details and you will receive email links to free downloads’ as soon as they’re available.

Click the logo to register and find out more

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Home education guidance: safeguarding and information sharing for children who are educated at home

The Welsh Government has published information for local authorities (LAs) and parents and carers on elective home education. The non-statutory guidance for local authorities includes information on safeguarding and information sharing for children who are educated at home. The information for parents includes: responsibilities of the parent or carer; funding and support; and what to do if a child has a statement of special educational needs.

Further Information:  
- Non-statutory guidance for local authorities (PDF)  
- Elective home education Information for parents and carers (PDF)

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Sex and Relationships

**Safedate** - Free workshops to help preventing the youth of today becoming victims of domestic abuse and violence

Safedate is a programme run by Safe Partnership, delivering free one hour workshops for young people aged 11 -19yrs about safe and healthy relationships. We identify what is abuse (especially of coercive control), how to recognise the signs of an unhealthy relationship and how and where they can get support or help from. Click here to read more and to make contact.

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**LGBT History Month Feb 2017** - free education pack

The Proud Trust has teamed up with The People’s History Museum to bring you this FREE LGBT History Month Pack for February 2017 on the theme of “Citizenship, PSHE and Law”. This easy to use, three lesson pack, will guide you and your young people through an exploration of LGBT history and changes to law in the UK, as well as having a look at the situation for LGBT people across Europe. The pack will also get young people thinking about what changes still need to happen and about the types of things they can do to raise awareness of this.

Click the logo to access the resources which includes a PowerPoint for use as a discussion tool.

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**Home Office ‘Disrespect Nobody’ preventing teenage relationship abuse resources have been updated**

The Disrespect NoBody PSHE education teaching materials are designed to support the Government’s campaign to help prevent abusive behaviours within young people’s relationships.

The PSHE Association has worked with the Home Office to update these discussion guides and lesson plans for 2017 – click the logo to access the free resources.

Updates include 2 x new discussion guides: one for those working with 8-12 year olds and one for those working with 16-18 year olds, as well as three updated lesson plans covering relationship abuse, consent and sexting.

The materials can be easily integrated into your PSHE education programme and are designed to help pupils understand and maintain healthy relationships while learning about consent and challenging controlling behaviour, violence and abuse. The resources focus on developing key skills and attributes intrinsic to healthy relationships - such as empathy, respect, communication and negotiation.
Parentzone article lists five concrete steps for parents to take should their child come out as LGBTQ.

**Awareness Dates & Events 2017**

Click the links to find out more about the awareness events

**February**

27th - Eating Disorders Awareness Week

**March**

Women’s History Month

1st - Self Harm Day

8th – International Women’s Day

18th – National CSE Awareness Day

20th - International day of Happiness

21st – World Down Syndrome Day

24th – Red Nose Day

27th – Autism Awareness week

**Local Events, Training & Opportunities**

**Dealing with Stress Training 7th March 2017**

What is stress, signs to look out for, causes, dealing with pressure, developing resilience and tips on awareness (suitable professionally and/or personally) [Click here](#) for more details

**Cognitive Behavioural Therapy (CBT) in one day!**

Most CBT courses are at diploma level or higher but Stacey has written a tried and tested one day course that can help anyone working in any sector including (but not limited to), substance misuse, mental health, housing, sexual health, education, employment, offending, domestic abuse. The course includes lunch, goody bag and a USB stick with resources

Delegate testimonial:

"Extremely professional and enthusiastic excellent knowledge and experience of the subject area and beyond, would definitely recommend - plus brilliant extra resources to boot!"

For more information on the programme outline, venue, booking form visit: [http://www.staceymillerconsultancy.co.uk/cognitive-behavioural-approaches/](http://www.staceymillerconsultancy.co.uk/cognitive-behavioural-approaches/)

For a quick overview of CBT, watch this video: [https://www.youtube.com/watch?v=0ViaCs0k2jM&app=desktop](https://www.youtube.com/watch?v=0ViaCs0k2jM&app=desktop)

**Free Presentations for Teachers and Professionals**

Through her freelance work, Stacey has produced some presentations which she would like to share for you to use in your work with young people; if you have any questions about the resources or would Stacey’s support to deliver them, feel free to contact her at [www.staceymillerconsultancy.co.uk](http://www.staceymillerconsultancy.co.uk)

- **Dealing with Stress**
- **Mental Health Awareness**
- **The Truth about Booze**
- **Drug Awareness**

[Click here](#) for a full list of Stacey’s Training Sessions

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**Southampton Training and workshops**

Spaces on the following training......

Don’t miss these FREE Half Day Workshops, with a range of presenters and topics in a multi-agency learning environment.

Please book and come along to as many as relevant to you - [use the online Workforce Development booking form to request your place](#). Click [here](#) to book
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
<th>Details</th>
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<tbody>
<tr>
<td>1st March 2017</td>
<td>An introduction to Female Genital Mutilation (FGM) Honour Based Violence (HBV) and Forced Marriage</td>
<td>Civic Centre</td>
<td>1pm – 3pm</td>
<td>This workshop will offer the opportunity to understand the definitions of FGM, HBV and Forced Marriage. It will also enable you to look out for signs when working with clients and explain what to do if you have any concerns.</td>
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<tr>
<td>2nd March 2017</td>
<td>Substance Misuse</td>
<td>Civic Centre</td>
<td>10am – 1pm</td>
<td>Drug and alcohol awareness, the impact of parental substance misuse on the child and Southampton's Substance Misuse Services.</td>
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<tr>
<td>7th March 2017</td>
<td>Child Sexual Exploitation</td>
<td>Civic Centre</td>
<td>1.30pm – 4.30pm</td>
<td>This half day workshop will give practitioners the chance to develop their knowledge on how to identify possible Child Sexual Exploitation and how to use a Sexual Exploitation Risk Assessment Form (SERAf).</td>
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<tr>
<td>8th March 2017</td>
<td>How to Work with Interpreters</td>
<td>Civic Centre</td>
<td>12pm – 2pm</td>
<td>“How to work with interpreters” is designed to give tips on streamlining communication with clients using interpreters and highlight key issues of working with clients who come from a different culture. The facilitator is an experienced health and social care interpreter and translator working with health and social services in the Southampton area.</td>
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<tr>
<td>10th March 2017</td>
<td>An introduction to Neglect</td>
<td>Civic Centre</td>
<td>09.30am - 12.30pm</td>
<td>The workshop will be an introduction to the signs and symptoms of neglect.</td>
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<tr>
<td>17th March</td>
<td>Sexual Health Update – Is Your Knowledge Up To Date?</td>
<td>Civic Centre</td>
<td>10am – 12pm</td>
<td>Working with young people may require you to support them to make informed choices around their sexual health. Learning some basics about the subject will allow you to support them before potentially signposting them on to a suitable service.</td>
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<tr>
<td>3rd April 2017</td>
<td>Strengthening Families</td>
<td>Civic Centre</td>
<td>10am – 12pm</td>
<td>This workshop aims to bring the philosophy and practice of Strengthening Families to all staff’s attention, in order to ensure that we follow well managed risk practices throughout the child care workforce Southampton. Strengthening Families is a new and well researched model which ensures families and children are heard and involved in safeguarding throughout the process.</td>
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<tr>
<td>4th April 2017</td>
<td>Adult Mental Health</td>
<td>Civic Centre</td>
<td>10am – 1pm</td>
<td>A chance to increase or develop your knowledge of adult mental health</td>
</tr>
</tbody>
</table>

Please e-mail to find out more or book your place: localsafeguarding.board@southampton.gov.uk

If you do not wish to receive future editions of our Safer Schools and Partners Newsletter, please click here to let us know